

SPICE ROADS

CYCLING



ROAD ESCAPE: HUA HIN

Tour Code
THA-TEH

4 DAYS
3 NIGHTS

	Destinations	Thailand
	Tour Meets Tour Ends	Bangkok, Thailand Bangkok, Thailand
	Fly in to Fly out of	Suvarnabhumi International Airport (BKK) Suvarnabhumi International Airport (BKK)
	Group Size Minimum Age	2-16 riders 18 (on scheduled departures)

ACTIVITY PROFILE



3
Cycling days

262 km
Total cycling distance

87 km
Avg distance / day

412 m
Avg climbing / day

PRICING



Price	US\$ 1,520
Bike Hire (Road Bike)	US\$ 140
Bike Hire (Carbon Road Bike)	US\$ 180
Bike Hire (Carbon Road Bike Di2)	US\$ 240
Single Supplement	US\$ 380

WHAT'S INCLUDED

- ✓ SpiceRoads jersey
- ✓ Water bottle
- ✓ Support vehicle
- ✓ Guide(s)
- ✓ Meals (as indicated)
- ✓ Hotel pick up
- ✓ Hotel drop off
- ✓ Accommodation
- ✓ Snacks and drinks
- ✓ Entrance fees

WHAT'S EXCLUDED

- ✗ International flights
- ✗ Domestic flights
- ✗ Airport pick up
- ✗ Visa fees
- ✗ Alcohol
- ✗ Tips

DEPARTURES



10 Jun - 13 Jun 2026
15 Jul - 18 Jul 2026
12 Aug - 15 Aug 2026
16 Sep - 19 Sep 2026
14 Oct - 17 Oct 2026
11 Nov - 14 Nov 2026
16 Dec - 19 Dec 2026
12 May - 15 May 2027
09 Jun - 12 Jun 2027
14 Jul - 17 Jul 2027

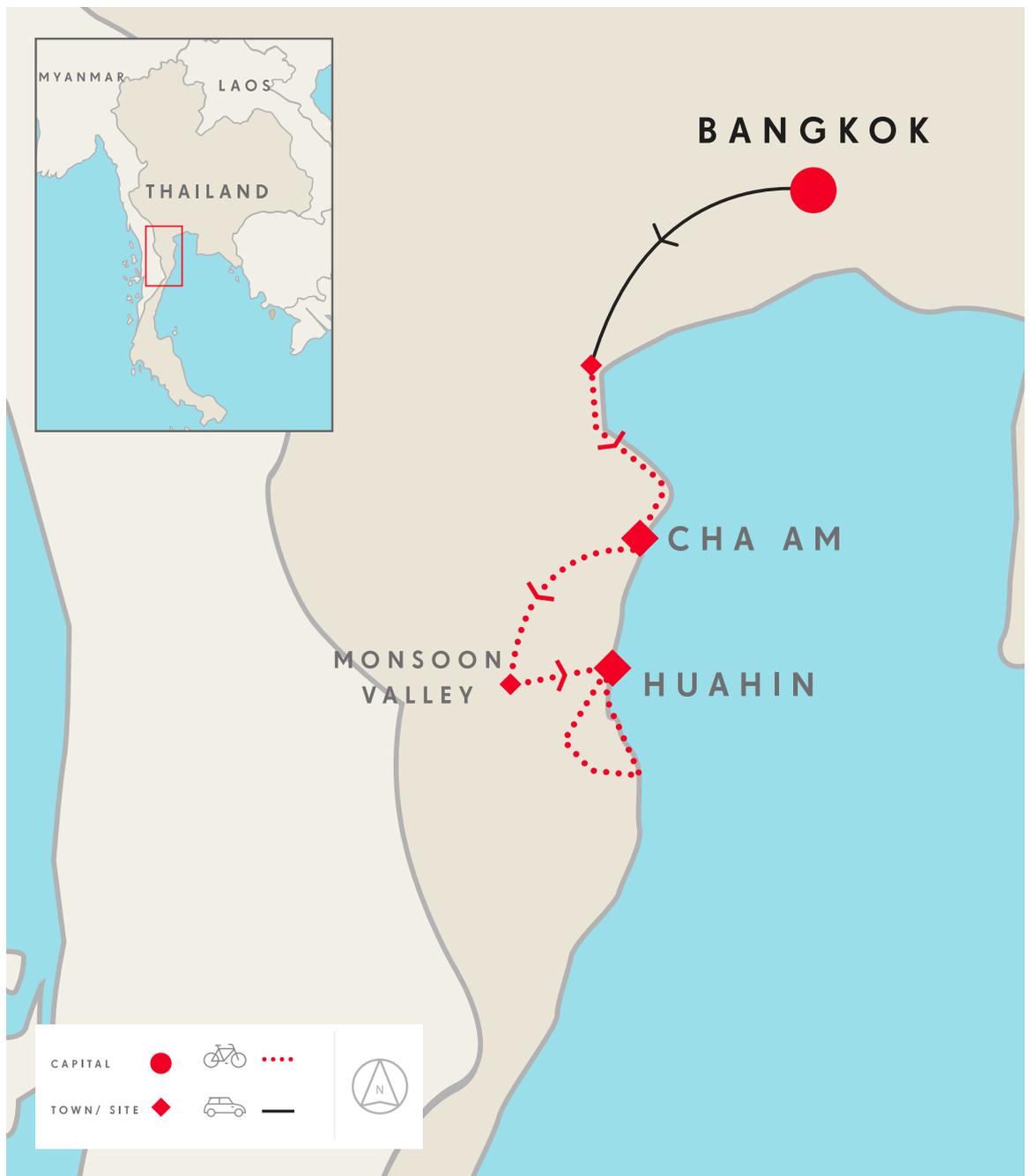
See website for later departures

TRIP PROFILE

We ride a total of 262 km over 3 cycling days. Set in the coastal area of Hua Hin, along the Gulf of Thailand, the rides are primarily flat, with some gentle climbing on the second day. Expect to see sleepy seaside villages, calm coastal scenery, and the lush countryside of Thailand's interior along our ride. Accommodation is in very comfortable beach resorts, and our itinerary includes a visit to one of Thailand's vineyards. All meals are included, with a fine selection of Thai classics and regional seafood specialties on offer!

Suitability: This is a tour designed for the recreational road cyclist. The distances are between 80 - 100 km with an average elevation gain of just over 400 m. Gradients don't exceed 6%, and there are few sustained climbs. The main challenge of the tour is keeping up stamina over back-to-back riding days and cycling in the tropical heat. The pace is leisurely and with plenty of refreshment stops so riders with less experience are more than welcome to join. The support vehicle is always nearby to offer refuge to any weary cyclists.

Biking Conditions: We ride along mostly well-paved secondary roads that hug the coast or pass through agricultural areas. Occasionally, we also veer onto narrow country lanes where potholes, road debris, and patches of gravel can be common. There are a few unavoidable sections on busier main roads in Hua Hin. While we have scheduled our departures to avoid the wettest months of year, showers can occur at any time. We generally ride rain or shine though, based on the guide's discretion or your level of comfort, modifications to the planned route can be made. It's all part of the adventure!



Day 1: Bangkok - Khlong Khon - Hua Hin

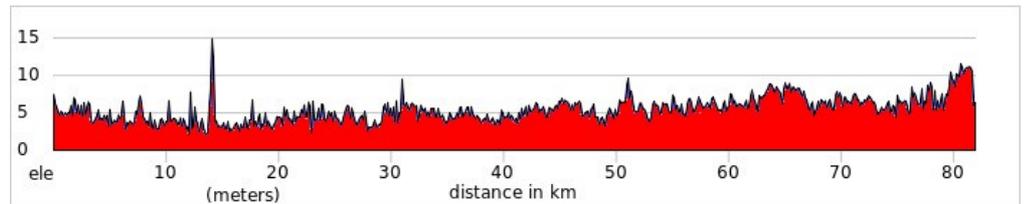
After picking you up from your Bangkok hotel, we transfer about two hours to our cycling start point in Khlong Khong, a coastal area along the Gulf of Thailand dominated by salt pans, aquaculture farms, and mangrove forests. As we ride south along quiet secondary roads, we pass through a vast, well-manicured landscape where sea salt is harvested en masse and a variety of seafood, especially shrimp, is farmed. We glide through fishing towns, cross bridges over estuaries, and zip by glittering Buddhist temples. Occasionally, the road hugs the coastline, revealing views of the calm seas of the Gulf of Thailand stretching to the east. After approximately 80 km, we arrive at the beachfront road in Cha Am, where we dismount, unwind, and gather for a welcome dinner. A beloved beach retreat for many Thais, Cha Am is often lively on weekends and holidays but remains pleasantly tranquil during weekdays.



Banlansuan Resort



Lunch, Dinner



Ride 82km



+289m



-299m

Day 2: Cha Am - Monsoon Valley Vineyard

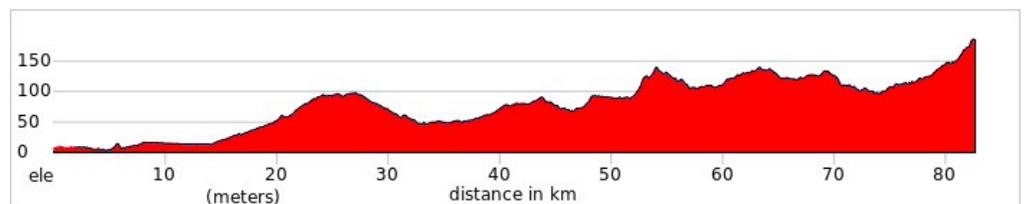
Today's ride takes us from the coast into the rolling hills of peninsular Thailand's interior. The first 15 km are flat and easy as we head inland, gradually transitioning into a steady, low-gradient climb that rises from sea level to around 200 metres. The terrain undulates gently, and the scenery shifts to a patchwork of agricultural landscapes featuring rubber trees, corn, pineapples, and other tropical crops. At around 48 km, we cycle alongside a picturesque reservoir framed by the rugged, low-lying peaks of the Tenasserim Hills. After just over 80 km our ride ends at a destination you probably wouldn't expect to find so close to the equator: a vineyard! With its orderly rows of grape vines nestled against lush hills, Monsoon Valley Vineyard offers the perfect setting for a relaxing lunch. It's also one of Thailand's pioneering producers of tropical wines. Since we'll transfer to Hua Hin after lunch, feel free to indulge in a glass (or two!) before the one-hour drive to a charming seaside resort, where we'll spend the next two nights



Putahracsza Hua Hin



Breakfast, Lunch, Dinner



Ride 83km



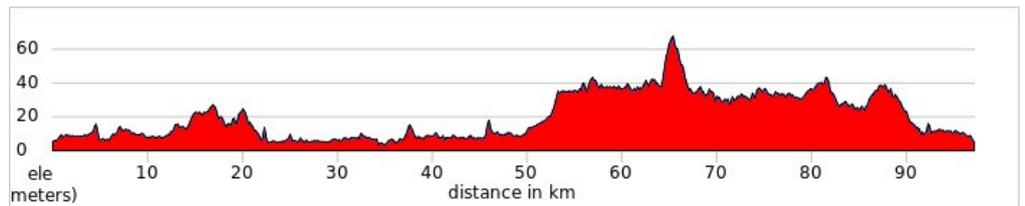
+518m



-340m

Day 3: Hua Hin Loop

This morning, we embark on one of our all-time favorite road biking loops around Hua Hin. We navigate our way out of the town along the main road and cycling paths before riding through farmlands to reach Pranburi Beach, about 25 km into the day. Here, we cycle along a quiet beach road, following the tropical shoreline and pausing for refreshments before veering inland. We follow peaceful secondary roads through the countryside, passing familiar scenes of densely clustered oil palm trees, expansive farm fields in various stages — fallow, tilled, or planted — and the occasional cow casting a curious glance our way! There's a few undulating sections, but nothing in excess of a 4% incline. At around 80 km, we join a larger road and ride the shoulder back into Hua Hin. We aim to arrive in the early afternoon, giving you plenty of time to lounge by the pool, hit the beach, indulge in a Thai massage, or explore the shops in town. In the evening, we gather for a farewell dinner.

 Ride 97km +420m -420m

Day 4: Hua Hin Departure

After checking out mid-morning, we transfer back to Bangkok, a 3-4 hour journey depending on traffic. We'll drop you off at your hotel in the city. If you need assistance with post-tour hotel bookings or airport transfers, please let us know. For those flying out, we recommend booking a late afternoon flight.

 Breakfast

Disclaimer: The adventure cycling tours we operate often go beyond the beaten track, and the countries where we ride are not always predictable. Due to these reasons, it is occasionally necessary to reroute or update itineraries. Our guarantee is that we will not change a trip unless for safety or to improve it. Our listed hotels are always accurate at the time of writing, but should we have to change any hotel, it will always be for a similar or better one.

NUTS & BOLTS

Bikes

Because some people can't imagine going on a trip without their own beloved bicycle, we do not provide them as part of this tour. However, you can hire bikes locally for the price listed in the tour pricing section. If you bring your own bike, please make sure it is a road bike in good mechanical order.

Bike Repairs

Basic spares and tools are carried by the guide and on the support vehicle, though we cannot guarantee having spares for every conceivable problem. Carrying a basic tool kit, a spare tube and a pump while riding is recommended.

Safety

Wearing a helmet is required on all our biking adventures and is non negotiable. If you do not wear a helmet you will not be allowed to cycle. Your tour leader is trained in first aid and emergency rescue, but to a large degree you must be responsible for your own safety while riding. It is therefore compulsory that you take out travel insurance that will cover you for a mountain biking tour.

Guides

You will be led by a local English-speaking guide and if the group is 9 people or more we will add another guide to the tour. All our guides are well informed in the history, culture and religions of the area where you are biking and are skilled at passing that knowledge on to you. Your guide is also medically trained and an experienced cyclist, able to handle most minor repairs en route.

THE NITTY GRITTY

Passports and Visas

Visitors from 93 countries can enter Thailand for 60 days without applying for a visa. See [here](#) if your country is on the list. If you do not hold a passport from one of these countries please contact the Thai embassy or consulate nearest to you about applying for a visa. If you intend to stay for more than 60 days you will also need a visa. Please check this [page](#) for more details and the latest updates. Please ensure you hold a passport with at least 6 months of validity remaining. You will need to show proof of an onward flight out of Thailand to be eligible for the visa on arrival. If you do not possess a ticket proving your exit from Thailand within 60 days of arrival, you may be denied boarding.

Important Update: As of **May 01, 2025** all non-Thai nationals entering Thailand by air, land, or sea must complete the **Thailand Digital Arrival Card (TDAC) online** before arrival. Please fill out the details on the official website [here](#) **within three (3) days before your arrival in Thailand**. This is a free process - beware of fake websites that charge a fee. If you are already travelling within the three days before your planned arrival in Thailand, then we suggest completing the form while you are at a hotel with reliable Wi-Fi. It only takes a few minutes.

Health

We recommend that you visit a travel medical doctor and ask about the following vaccinations: typhoid, polio, tetanus and hepatitis A. A certificate for Yellow Fever is required when arriving from an infected area within six days.

Weather

Thailand generally has a tropical climate with fairly high humidity. The North and Central region have a tropical climate with fairly high humidity. Northeast Thailand has a humid hot and dry weather alternatively with medium rain while the coastal areas of the east is humid and hot with intermittent rain. The South of Thailand has a tropical climate with fairly high humidity.

There are three seasons: from March to June it is hot and dry, with temperatures between 27°C/80 F and 40°C/104 F, with night temperatures in the 20s. The rainy season is from July to October, but temperatures are slightly lower, because of the effect of the rain. During this time it will not rain continuously, but in sharp bursts, and the sun can come out quickly. The cooler season is from October to February, with average temperatures between 20°C/68 F and 30°C/86 F.

Food

Meals are included as per the itinerary where B = breakfast, L = lunch, D = dinner. Most meals are local and feature noodles, rice, curries, and soups. Any special dietary requirements can also be catered for as well. Please let us know at the time of booking.

Drink

Keeping you completely hydrated is a job we take very seriously. Cold water, some energy-restoring local fruit, and soft drinks are included in the tour price while riding. Soft drinks and other beverages during meals are not included. Beer is freely available everywhere but is NOT included in the price.

Solo Travelers

SpiceRoads does not require you to pay a surcharge for traveling alone. We will arrange for you to share accommodation with another traveler of the same gender and if we cannot match you up we will provide a single room at no extra charge. If you prefer not to share a single supplement is payable to guarantee your own room. The cost of the single supplement is listed above.

Extra Expenses

We recommend that you tuck away a few extra dollars, perhaps US\$20 per day, for incidentals.

Money

The Thai currency is the baht. ATMs, which are abundant, are the easiest ways to get Thai baht. Have a supply of US dollars in cash on hand, just in case your card doesn't work. Banks or the rarer private moneychangers offer the best foreign-exchange rates. Credit cards are accepted in big cities and resort hotels but you'll need baht for family-run guesthouses or restaurants.

GENERAL BOOKING INFO

If this is the tour for you here's what you need to do to confirm your place:

FLEXIBLE BOOKING CONDITIONS

Booking a SpiceRoads cycling adventure is easy and we try to do everything possible to make sure you have full flexibility and peace of mind. We do not require a deposit to hold your place on a tour and once full payment has been made your money is protected in our client account and you have the flexibility to cancel or change your booking if needed.

CONFIRMING YOUR BOOKING

Just complete our online booking form or send your booking details offline (email or post), and we will confirm your participation. No deposit is needed to confirm your place on a SpiceRoads tour.

You are advised to read our [Booking Conditions](#) in full before you make your payment and should you require further clarifications of any of the conditions below, please [email us](#) or call our office.

TRIP STATUS

There is a minimum number of participants (usually 2) required to enable the trip to go ahead. Once the minimum number is reached, the trip status will change from 'Available' to 'Guaranteed to Depart'. Once a trip is guaranteed to depart you are free to book your flights and make other travel arrangements. If the trip status is 'Limited' will mean we have only a small number of spaces available for booking. If you are unsure about the trip status, please [email us](#) or call our office.

BOOKING ONLINE

From the tour page, click the 'Book Now' link. All departures for this tour will appear, just select the date you'd like to travel. For the next steps, you'll need to know the names of the people travelling. If you wish you can also provide extra details such as passport numbers, height (for bike hire), or you can add that later by logging into [Manage My Trip](#) (we'll set up an account for you automatically if you don't already have one). Our system will contact you from time to time to fill in the missing information, as it will be required before departure. However, if the trip that you are booking offers a child discount, you will have to fill out the date of birth of each rider (so we can calculate the appropriate discount).

If you are having any problems [please send us an email](#), or give us a call (+66 026 3295) and one of our travel specialists will assist you with your booking.

BOOKING OFFLINE

Just call us or send an email indicating which trip you want to join and we will happily send you a list of questions and process your booking for you.

DEPOSITS AND PAYMENTS

We do not require a deposit or full payment to book a place for you on a tour.

The balance of the tour's cost (final invoice) will need to be paid 60 days before the departure date with fees for any bicycle rental(s), single supplement(s) and extra hotel nights.

In the case where a booking is made when there are less than 60 days until the tour departure date, the tour's cost should be paid in full within 72 hours of receiving an invoice from SpiceRoads. Payment can be made by credit card using our online payment gateway or by bank transfer. When making payment online you will need to confirm that you have read these booking conditions during the "checkout" process, which equates to agreeing to the terms of services and stipulations as indicated in this document.

In all cases, tour fees need to be paid "in full" before participation in a tour. No person(s) will be allowed to join a tour without fully settling their invoice and receiving a confirmation number from SpiceRoads.

The exception can be made for last-minute miscellaneous fees that can be paid locally (visas, additional local hotel bookings, etc.) can be settled on the day of arrival.

FULL FLEXIBILITY FOR TOUR CANCELATIONS

If the tour is cancelled or postponed by SpiceRoads because we didn't make the trip numbers and the tour can't run, we will make a full cash refund (by bank transfer or on your credit card).

If the tour is cancelled for any other reason, including due to Covid related travel restrictions, we will give you a full credit (with no deductions for admin or any other small-print item) to use on any SpiceRoads tour with no time limit. (Exceptions being flights, special permits and other non-refundable items and these will be advised when booking the trip).

Before paying for your tour, you can cancel your booking with no charge and up until 40 days before departure, you can change your booking to another travel date or move your booking onto another SpiceRoads tour with no charges.

If you need to cancel after you have made full payment, please see our [cancellation policy](#).

Loyalty Riders Club

For those who have been on several long tours with us, we reward customer loyalty by offering repeat customers a special discount off the tour price (excludes single supplement and bike rental). If this is your fourth scheduled tour or more you will receive a 5% discount. If this is your eighth scheduled tour or more we will extend a 10% discount. The discount will be reflected in your online booking, but please contact us if any questions. Loyalty discounts cannot be used in conjunction with any other offer. Note: Only tours of 7 days or more will be applicable for a loyalty discount.

International Flights

International flights, to and from the start and finish points are not included in the tour price. Once your tour is Guaranteed to Depart you can book your flight. Please contact us for advice before arranging flights for the best arrival and departure times. We would only cancel a trip for an extreme circumstance, but in that case, where we cancel your trip, we cannot be liable for losses incurred relating to any flight booking you have made. Please claim any losses from your [travel insurance](#) that you acquired when you booked your holiday.

Newsletter

Our adventure travel [e-newsletter](#) is full of travel news, trip information, interesting stories and contests. To avoid missing out on special offers and updates from SpiceRoads, be sure to subscribe.

CONTACT US

145 Soi Pridi Banomyong 14 (Mee Suwan 3)
Sukhumvit 71 Road, Phra Khanong Nuea, Watthana
Bangkok, Thailand 10110
Tel: +66 (0) 2 026 3295
Email: info@spiceroads.com
Website: www.spiceroads.com

FOLLOW US

-  twitter.com/spiceroads
-  youtube.com/user/spiceroads
-  instagram.com/spiceroads
-  facebook.com/SpiceRoad