

SPICEROADS

CYCLING



TEAM SPICEROADS RIDES MASTERS TOUR OF CHIANG MAI

Tour Code
THA-MTC

6 DAYS
5 NIGHTS

	Destinations	Thailand
	Tour Meets Tour Ends	Chiang Mai Chiang Mai
	Fly in to Fly out of	Chiang Mai International Airport (CNX) Chiang Mai International Airport (CNX)
	Group Size Minimum Age	2-16 riders 18 (on scheduled departures)

ACTIVITY PROFILE



4 Cycling days	193 km Total cycling distance
52 km Avg distance / day	538 m Avg climbing / day

PRICING



Price	On request
Bike Hire	N/A
Single Supplement	N/A

WHAT'S INCLUDED

- ✓ SpiceRoads jersey
- ✓ Water bottle
- ✓ Support vehicle
- ✓ Guide(s)
- ✓ Meals (as indicated)
- ✓ Airport pick up
- ✓ Airport drop off
- ✓ Accommodation
- ✓ Snacks and drinks

WHAT'S EXCLUDED

- ✗ International flights
- ✗ Domestic flights
- ✗ Visa fees
- ✗ Alcohol
- ✗ Tips

DEPARTURES



There are no scheduled departures for this trip at the moment. Please contact us to arrange a private departure.

TRIP PROFILE

This multi-stage race takes place over 4 days, with each stage featuring a different style of race. Stage 1 is a 68 kilometer road race in the hills just east of the city of Chiang Mai. Stage 2, a 40 kilometer circuit race on a closed, 5 kilometer track. Stage 3, a 74 kilometer KOM ride through "Samoeng," famous among the region's cyclists. And a final stage, an 11 kilometer classic climb up Doi Suthep.

Roads are paved and in good condition, but expect the odd rough section to watch out for. The race is fully supported, with medics and support crews on hand at every stage.

Day 1 Arrival

Our Team will collect you from Chiang Mai International Airport and transfer you to our base for the duration of the race, Kantary Hills Hotel in the Nimman District. Your afternoon is free to explore the surrounding area or relax at the hotel, before meeting up for a bike fitting in the late afternoon. In the evening, we'll gather for a welcome dinner and race briefing.



Kantary Hills Hotel



Dinner

Day 2 Road Race

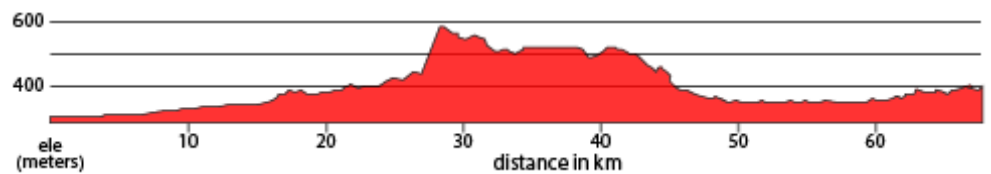
The race begins! After breakfast, we'll transfer to the start of the route for Stage 1, the Road Race, set in the beautiful hills of Eastern Chiang Mai. It's a 70 kilometer race with 590 m of elevation gain. A relatively flat start quickly builds up to the KOM at kilometer 27, with an incredibly steep, 1.3km climb to the top. From there, it's all rolling hills, followed by a flat sprint finish. After a successful first stage, Team SpiceRoads will head out for a hearty lunch to refuel, before heading back to the hotel. Rest, relax, have a massage, before meeting up with the Team for dinner in the evening.



Kantary Hills Hotel



Breakfast, Lunch, Dinner

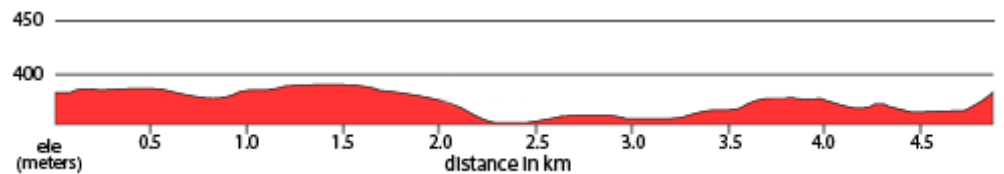



 Ride 68km
  +536m

Day 3 Circuit Race

After breakfast, we head to the start of Stage 2- a 5 kilometer closed circuit in the Northern suburbs of Chiang Mai. Riders will complete 8 laps of the 5 kilometer, 60 meter climb circuit, with a KOM in lap 4. Climbs, descents, and corners are all fast, adding technical challenge to test riders of all abilities. Today's stage is a great addition to the race, with a lively atmosphere. The ride will be fast, fun, and a little bit addictive! After all Team SpiceRoads riders have completed their laps, we'll head back to Chiang Mai to the hotel to relax and relish the feeling of another successful stage on the books! Dinner is at your leisure, and nearby Nimman is brimming with options, both International and Thai.

 Kantary Hills Hotel
  Breakfast, Lunch



 Ride 39km  +456m

Day 4 Climbers Stage

No tour of Chiang Mai would be complete without a ride up the switchbacks of Samoeng. This stage is a true climber's stage, with short and steep climbs over the course of 71 kilometers, and a final, punishing KOM to the finishing line. After the stage finish, our crew will transport you back to the hotel where you can relax, enjoy a massage, or take a stroll through nearby Nimman District. Dinner is at your leisure, but we are happy to provide recommendations or make reservations for you.

 Kantary Hills Hotel  Breakfast, Lunch



Day 5 Doi Suthep Uphill TT

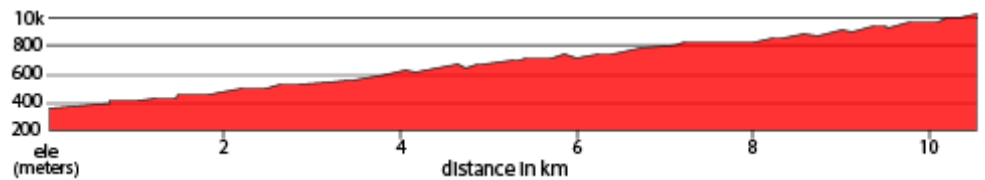
The final stage of this year's race, Chiang Mai's famous climb up the mountain of Doi Suthep. It's 11 kilometers of all-out effort up the slopes that tower over the city. After the finish line, the trophy ceremony is just 1 kilometers back down at a scenic viewpoint. The afternoon is free to relax and rest- you earned it! Have another massage, enjoy lunch at one of the many nearby restaurants, or lounge by the pool. In the evening, we'll regroup for a celebratory farewell dinner.





Kantary Hills Hotel



Breakfast, Lunch, Dinner



 Ride 11 km  +673m

Day 6 Departure

It's time to bid goodbye to the Team and Crew! After breakfast, the crew will transfer riders to Chiang Mai International Airport for onward travel.

 Breakfast

NUTS & BOLTS

Bikes

Serious cyclists wouldn't dream of racing without their own, precisely calibrated machine. For those that prefer not to travel with their own bike, we provide top of the line Trek carbon bikes for hire for this event. Our Trek Emonda S5 carbon bikes are equipped with one of the lightest frames on the market, 11-speed Shimano gearing, and disc brakes.

For those bringing their own machines, we recommend getting a pre-race tune-up to make sure everything is in working mechanical order before the big day.

Bike Repairs

Basic spares and tools are carried by the guide and on the support vehicle, though we cannot guarantee having spares for every conceivable problem. Carrying a basic tool kit, a spare tube and a pump while riding is recommended.

Safety

Wearing a helmet is required on all our biking adventures and is non negotiable. If you do not wear a helmet you will not be allowed to cycle. Your tour leader is trained in first aid and emergency rescue, but to a large degree you must be responsible for your own safety while riding. It is therefore compulsory that you take out travel insurance that will cover you for a mountain biking tour.

Guides

You will be led by a local English-speaking guide and if the group is 9 people or more we will add another guide to the tour. All our guides are well informed in the history, culture and religions of the area where you are biking and are skilled at passing that knowledge on to you. Your guide is also medically trained and an experienced cyclist, able to handle most minor repairs en route.

THE NITTY GRITTY

Passports and Visas

All nationalities require a passport for entry into Thailand. Please ensure your passport is valid for at least 6 months beyond the duration of your stay in the country. If staying less than 30 days then a visa in advance is not required by European, North American, Australian and many other nationalities. Please check this [page](#) to see if you qualify. You will need to show proof of an onward flight out of Thailand to be eligible for the visa on arrival. This is strictly enforced.

Health

We recommend that you visit a travel medical doctor and ask about the following vaccinations: typhoid, polio, tetanus and hepatitis A. A certificate for Yellow Fever is required when arriving from an infected area within six days.

Weather

Thailand generally has a tropical climate with fairly high humidity. The North and Central region have a tropical climate with fairly high humidity. Northeast Thailand has a humid hot and dry weather alternatively with medium rain while the coastal areas of the east is humid and hot with intermittent rain. The South of Thailand has a tropical climate with fairly high humidity.

There are three seasons: from March to June it is hot and dry, with temperatures between 27°C/80 F and 40°C/104 F, with night temperatures in the 20s. The rainy season is from July to October, but temperatures are slightly lower, because of the effect of the rain. During this time it will not rain continuously, but in sharp bursts, and the sun can come out quickly. The cooler season is from October to February, with average temperatures between 20°C/68 F and 30°C/86 F.

Food

Meals are included as per the itinerary where B = breakfast, L = lunch, D = dinner. Most meals are local and feature noodles, rice, curries, and soups. Any special dietary requirements can also be catered for as well. Please let us know at the time of booking.

Drink

Keeping you completely hydrated is a job we take very seriously. Cold water, some energy-restoring local fruit, and soft drinks are included in the tour price while riding. Soft drinks and other beverages during meals are not included. Beer is freely available everywhere but is NOT included in the price.

Solo Travelers

SpiceRoads does not require you to pay a surcharge for traveling alone. We will arrange for you to share accommodation with another traveler of the same gender and if we cannot match you up we will provide a single room at no extra charge. If you prefer not to share a single supplement is payable to guarantee your own room. The cost of the single supplement is listed above.

Extra Expenses

We recommend that you tuck away a few extra dollars, perhaps US\$20 per day, for incidentals.

Money

The Thai currency is the baht. ATMs, which are abundant, are the easiest ways to get Thai baht. Have a supply of US dollars in cash on hand, just in case your card doesn't work. Banks or the rarer private moneychangers offer the best foreign-exchange rates. Credit cards are accepted in big cities and resort hotels but you'll need baht for family-run guesthouses or restaurants.

GENERAL BOOKING INFO

Booking

If this is the tour for you here's what you need to do to confirm your place: Read our [Booking Conditions](#)

From the tour page click the 'Book Now' link. All departures for this tour will appear, just select the date you'd like to travel. There is a minimum number of participants (usually 2) required to enable the trip to go ahead. Once the minimum number is reached, the trip status will change from 'Available' to 'Guaranteed to Depart'. Once a trip is guaranteed to depart you are free to book your flights and make other travel arrangements. If you are unsure about the trip status, please [email us](#) or call our office. For the next steps you'll need to know the names of the people traveling and have either a Visa or a MasterCard. If you wish you can also provide extra details such as passport numbers, height, or you can add that later by logging into [Manage My Trip](#) (we'll set up an account for you automatically if you don't already have one). However, if you wish to get a children's discount, please do fill out the date of birth of the riders. If you are having any problems, [please send us an email](#), or give us a call (+66 2 381 7490) and one of our travel specialists will assist you with your booking.

Deposit

When booking your tour, you'll be required to pay a deposit to guarantee your place. For tours priced US\$ 2,000 and lower, the deposit amount is US\$ 200 per tour, per rider. For tours priced US\$ 2,001 and above, the deposit amount is US\$ 500 per tour, per rider. Read more about booking and paying for your trip here.

All SpiceRoads trips require proof of travel insurance when booking your holiday. Besides covering you during your trip, travel insurance will also enable you to claim any fees that you have paid to us, including your deposit, if you have to cancel your trip

Balance

Full payment must be paid 45 days before the departure date with fees for any bicycle rental(s), single supplement(s) and extra hotel nights. Our confirmation will include personal details you provided us (including your flight information), visa application advice, a packing suggestion list and a detailed tour itinerary. It will also include a checklist to ensure you get everything ready for your holiday.

Cancellation Policy

On the rare occasions when we, SpiceRoads, must cancel a trip, all payments received to date will be 100% refunded, which constitutes full settlement. There will be absolutely no deductions. If you, the client, must cancel your reservation, your cancellation fee will be determined according to when you cancel. For full details, please read our [cancellation policy](#).

Loyalty Riders Club

For those who have been on several long tours with us we reward customer loyalty by offering repeat customers a special discount off the tour price (excludes single supplement and bike rental). If this is your fourth scheduled tour or more you will receive

a 5% discount. If this is your eighth scheduled tour or more we will extend a 10% discount. The discount will be reflected in your online booking, but please contact us if any questions. Loyalty discounts can not be used in conjunction with any other offer. Note: Only tours of 7 days or more will be applicable for loyalty discount.

International Flights

International flights, to and from the start and finish points are not included in the tour price. Once your tour is Guaranteed to Depart you can book your flight. Please contact us for advice before arranging flights for the best arrival and departure times. We would only cancel a trip for an extreme circumstance, but in that case, where we cancel your trip, we cannot be liable for losses incurred relating to any flight booking you have made. Please claim any losses from your [travel insurance](#) that you acquired when you booked your holiday.

Newsletter

Our adventure travel [e-newsletter](#) is full of travel news, trip information, interesting stories and contests. To avoid missing out on special offers and updates from SpiceRoads, be sure to subscribe.

The information in this document is given in good faith, and covers the average range of conditions likely to be found on this trip. Please note that the itinerary is subject to change due to unforeseen circumstances, however, we will always do our best to adhere to this original itinerary

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