

SPICE ROADS

CYCLING



KANCHANABURI FAMILY EXPLORER

Tour Code
THA-TKF

5 DAYS
4 NIGHTS

	Destinations	Thailand
	Tour Meets Tour Ends	Bangkok Bangkok
	Fly in to Fly out of	Suvarnabhumi Airport (BKK) Suvarnabhumi Airport (BKK)
	Group Size Minimum Age	2-16 riders 0 (on scheduled departures)

ACTIVITY PROFILE



5 Cycling days	103 km Total cycling distance
21 km Avg distance / day	m Avg climbing / day

PRICING



Price	THB 34,900 to THB 36,900
Bike Hire	Included
Single Supplement	THB 4,900
Child Pricing	Under 5: free; Age 5-11: 20% discount

WHAT'S INCLUDED

- ✓ Water bottle
- ✓ Support vehicle
- ✓ Guide(s)
- ✓ Meals (as indicated)
- ✓ Hotel pick up
- ✓ Hotel drop off
- ✓ Accommodation
- ✓ Bike and helmet
- ✓ Snacks and drinks
- ✓ Accident insurance

WHAT'S EXCLUDED

- ✗ International flights
- ✗ Domestic flights
- ✗ Visa fees
- ✗ Alcohol
- ✗ Tips

DEPARTURES



22 July - 26 July 2019
29 July - 02 August 2019
05 August - 09 August 2019
12 August - 16 August 2019
19 August - 23 August 2019
26 August - 30 August 2019
02 September - 06 September 2019
09 September - 13 September 2019
16 September - 20 September 2019
23 September - 27 September 2019

See website for later departures

TRIP PROFILE

We ride on small back roads with little traffic and some short off road sections. The terrain is undulating with one major climb of 2 km, but if it proves too difficult, our support vehicle is always close by. This tour is suitable for anyone with minimum biking experience.

The trip is fully supported and your guide's expert knowledge of the area and terrain means that you always know what is coming up in terms of distance and difficulty. This makes a tremendous difference, as does the constant supply of cold drinks and fresh fruit.

Suitability: This tour is suitable for riders with some biking experience. You can expect a fairly gentle ride each day with none of the distances being overly long. There are a few small hills, but these can be tackled by anyone with even a moderate amount of fitness. The emphasis on this tour is Thailand's scenery off the beaten track.

Biking Conditions: This trip is a mixture of wide, hard-packed dirt trails and smooth tarmac. An air-conditioned bus travels behind the group to support us, and participants can cycle as much or as little as they like and still enjoy the same views as the rest of the group.

Day 1 Bangkok - Kanchanaburi

We will pick you up early from your Bangkok hotel and head west out of the city for about two hours by car. Then it's time to stretch those legs with a bike ride! We take small, quiet local roads with little traffic that wind through quaint villages where the locals will greet you with friendly smiles and cheerful waves. Riding along irrigation canals will lead us to the heart of rice fields and you will quickly understand why Thailand is one of the world's leading rice exporters. We take a break at a small charming temple where our guide will tell you about the importance of Buddhism in Thai life. After lunch at a local restaurant, we continue our exploration of rural life as we ride to Nong Khao Village before we transfer to our riverside hotel in Kanchanaburi city where you can relax by the pool.



Royal River Kwai



Lunch, Dinner



Ride 25km

Day 2 Kanchanaburi - Death Railway - Prasat Mueng Sing

After breakfast, it's a short transfer to visit the famous bridge over the River Kwai. We'll walk around the War Cemetery and learn about the tragic history of WWII at the War Museum. We then board a local train for a stunning ride on the Death Railway. After lunch and a visit to Krasae Caves we start biking along some great trails, passing by some teak plantations and small Thai villages on our way to Prasat Mueang Sing. This historical site, covering some 74 hectares, is believed to have been used by the Khmer Empire as a trading point along the Kwai Noi River. We ride around the park and visit the museum before packing up the bikes for a short drive back to our hotel.



Royal River Kwai



Breakfast, Lunch, Dinner



Ride 30km

Day 3 Kanchanaburi - Elephant World - River Kwai

We ride directly from the resort this morning on a back road, through the quiet countryside with karst mountains as a backdrop to Elephant World, a sanctuary for sick,

old and abused elephants. We will spend the whole day taking care of these gentle giants. Here, we will work for the elephants as they are now retired, by planting their food for them – banana trees and sugar cane, and preparing, cooking and feeding sticky rice balls to them. After lunch it's bath time and once you feel comfortable with your buddy, it's time to get wet! Clean, rub, scrub and bathe your giant friend. After spending a day with them, you will learn firsthand that elephants are one of the most gentle animals in the world. We say good-bye to our new friends and transfer to our safari-style resort nestled next to the river.



Hintok River Camp



Breakfast, Lunch, Dinner



Ride 20km

Day 4 River Kwai Noi - Hellfire Pass - River Kwai Noi

For early birds, there is the option to give alms to monks at dawn with a walk across a suspension bridge to a temple. After breakfast we visit the Hellfire Pass Museum and then walk through the 1000 m pass, cut through rock by prisoners of war with only the most rudimentary of implements. We return to the tented camp and cycle to our next hotel, the Jungle Rafts. Along the way we'll stop to visit a Mon village, an ethnic group originally from Burma, see their way of life and learn about their strong belief in Buddhism. In the afternoon there will be time to absorb the beauty of nature from your terrace above the water. In the evening we enjoy a cultural Mon dance, a fun and entertaining performance.



River Kwai Jungle Rafts



Breakfast, Lunch, Dinner



Ride 11 km

Day 5 River Kwai Noi - Bangkok

This morning we will float downstream on a bamboo raft. This traditional method of transport allows you to see water buffaloes coming to the water's edge and the odd fisherman. Once we dock we'll dry off and go for a quick visit to the Lawa Cave to see stalactites and stalagmites in many unique formations. Our bikes will be ready for us as we emerge from the cave and off we go through the surrounding countryside. The first part of the ride will be on country lanes and then we'll hit some dirt tracks and great trails through farmland where eggplants and many kinds of Thai herbs are widely grown. We have lunch by the river, then get in the van for the drive back to Bangkok. Depending on traffic, we should arrive in the city around 5 pm.



Breakfast, Lunch



Ride 17km

NUTS & BOLTS

Bikes

Bike hire is included in the tour. Child bikes and tag-along bikes (for ages 5-11, max weight: 38 kg/85 lb) are available. Adult must be an experienced rider to pull a tag-along and preferably have experience with tag-alongs. The bikes are well-known makes of hybrid or mountain bikes (depending on the tour) with lightweight alloy frames, 24- to 27-speed gearing, v-brakes and Shimano components and front suspension.

Bike Repairs

Basic spares and tools are carried by the guide and on the support vehicle, though we cannot guarantee having spares for every conceivable problem. Carrying a basic tool kit, a spare tube and a pump while riding is recommended.

Safety

Wearing a helmet is required on all our biking adventures and is non negotiable. If you do not wear a helmet you will not be allowed to cycle. Your tour leader is trained in first aid and emergency rescue, but to a large degree you must be responsible for your own safety while riding. It is therefore compulsory that you take out travel insurance that will cover you for a mountain biking tour.

Guides

You will be led by a local English-speaking guide and if the group is 9 people or more we will add another guide to the tour. All our guides are well informed in the history, culture and religions of the area where you are biking and are skilled at passing that knowledge on to you. Your guide is also medically trained and an experienced cyclist, able to handle most minor repairs en route.

THE NITTY GRITTY

Passports and Visas

All nationalities require a passport for entry into Thailand. Please ensure your passport is valid for at least 6 months beyond the duration of your stay in the country. If staying less than 30 days then a visa in advance is not required by European, North American, Australian and many other nationalities. Please check this [page](#) to see if you qualify. You will need to show proof of an onward flight out of Thailand to be eligible for the visa on arrival. This is strictly enforced.

Health

We recommend that you visit a travel medical doctor and ask about the following vaccinations: typhoid, polio, tetanus and hepatitis A. A certificate for Yellow Fever is required when arriving from an infected area within six days.

Weather

Thailand generally has a tropical climate with fairly high humidity. The North and Central region have a tropical climate with fairly high humidity. Northeast Thailand has a humid hot and dry weather alternatively with medium rain while the coastal areas of the east is humid and hot with intermittent rain. The South of Thailand has a tropical climate with fairly high humidity.

There are three seasons: from March to June it is hot and dry, with temperatures between 27°C/80 F and 40°C/104 F, with night temperatures in the 20s. The rainy season is from July to October, but temperatures are slightly lower, because of the effect of the rain. During this time it will not rain continuously, but in sharp bursts, and the sun can come out quickly. The cooler season is from October to February, with average temperatures between 20°C/68 F and 30°C/86 F.

Food

Meals are included as per the itinerary where B = breakfast, L = lunch, D = dinner. Most meals are local and feature noodles, rice, curries, and soups. Any special dietary requirements can also be catered for as well. Please let us know at the time of booking.

Drink

Keeping you completely hydrated is a job we take very seriously. Cold water, some energy-restoring local fruit, and soft drinks are included in the tour price while riding. Soft drinks and other beverages during meals are not included. Beer is freely available everywhere but is NOT included in the price.

Solo Travelers

SpiceRoads does not require you to pay a surcharge for traveling alone. We will arrange for you to share accommodation with another traveler of the same gender and if we cannot match you up we will provide a single room at no extra charge. If you prefer not to share a single supplement is payable to guarantee your own room. The cost of the single supplement is listed above.

Extra Expenses

We recommend that you tuck away a few extra dollars, perhaps US\$20 per day, for incidentals.

Money

The Thai currency is the baht. ATMs, which are abundant, are the easiest ways to get Thai baht. Have a supply of US dollars in cash on hand, just in case your card doesn't work. Banks or the rarer private moneychangers offer the best foreign-exchange rates. Credit cards are accepted in big cities and resort hotels but you'll need baht for family-run guesthouses or restaurants.

GENERAL BOOKING INFO

Booking

If this is the tour for you here's what you need to do to confirm your place: Read our [Booking Conditions](#)

From the tour page click the 'Book Now' link. All departures for this tour will appear, just select the date you'd like to travel. There is a minimum number of participants (usually 2) required to enable the trip to go ahead. Once the minimum number is reached, the trip status will change from 'Available' to 'Guaranteed to Depart'. Once a trip is guaranteed to depart you are free to book your flights and make other travel arrangements. If you are unsure about the trip status, please [email us](#) or call our office. For the next steps you'll need to know the names of the people traveling and have either a Visa or a MasterCard. If you wish you can also provide extra details such as passport numbers, height, or you can add that later by logging into [Manage My Trip](#) (we'll set up an account for you automatically if you don't already have one). However, if you wish to get a children's discount, please do fill out the date of birth of the riders. If you are having any problems, [please send us an email](#), or give us a call (+66 2 381 7490) and one of our travel specialists will assist you with your booking.

Deposit

For Long Tours (7 days or more) to guarantee your place we require a 30% or 500 USD deposit, whichever is the greater. For Short Tours (6 days or less) we require full payment to guarantee your place. We also require that you take out [travel insurance](#) when you book your holiday. Besides covering you during your holiday it will also enable you to claim for any money that you have paid to us, including your deposit, should you have to cancel your trip.

Balance

Full payment must be paid 45 days before the departure date with fees for any bicycle rental(s), single supplement(s) and extra hotel nights. Our confirmation will include personal details you provided us (including your flight information), visa application advice, a packing suggestion list and a detailed tour itinerary. It will also include a checklist to ensure you get everything ready for your holiday.

Cancellation Policy

On the rare occasions when we, SpiceRoads, must cancel a trip, all payments received to date will be 100% refunded, which constitutes full settlement. There will be absolutely no deductions. If you, the client, must cancel your reservation, your cancellation fee will be determined according to when you cancel. For full details, please read our [cancellation policy](#).

Loyalty Riders Club

For those who have been on several long tours with us we reward customer loyalty by offering repeat customers a special discount off the tour price (excludes single supplement and bike rental). If this is your fourth scheduled tour or more you will receive a 5% discount. If this is your eighth scheduled tour or more we will extend a 10% discount. The discount will be reflected in your online booking, but please contact us if any questions. Loyalty discounts can not be used in conjunction with any other offer. Note: Only tours of 7 days or more will be applicable for loyalty discount.

International Flights

International flights, to and from the start and finish points are not included in the tour price. Once your tour is Guaranteed to Depart you can book your flight. Please contact us for advice before arranging flights for the best arrival and departure times. We would only cancel a trip for an extreme circumstance, but in that case, where we cancel your trip, we cannot be liable for losses incurred relating to any flight booking you have made. Please claim any losses from your [travel insurance](#) that you acquired when you booked your holiday.

Newsletter

Our adventure travel [e-newsletter](#) is full of travel news, trip information, interesting stories and contests. To avoid missing out on special offers and updates from SpiceRoads, be sure to subscribe.

The information in this document is given in good faith, and covers the average range of conditions likely to be found on this trip. Please note that the itinerary is subject to change due to unforeseen circumstances, however, we will always do our best to adhere to this original itinerary

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