

SPICE ROADS

CYCLING



CENTRAL THAILAND EXPLORER

Tour Code
THA-TCT

4 DAYS
3 NIGHTS

	Destinations	Thailand
	Tour Meets Tour Ends	06:30 to 07:00 at your hotel in Bangkok. 17:30 at your hotel in Bangkok
	Fly in to Fly out of	Suvarnnabhumi Airport (BKK) Suvarnnabhumi Airport (BKK)
	Group Size Minimum Age	2-16 riders 0 (on scheduled departures)

ACTIVITY PROFILE



4 Cycling days	120 _{km} Total cycling distance
30 _{km} Avg distance / day	m Avg climbing / day

PRICING



Price	US\$ 1,265
Bike Hire (Mountain Bike)	Included
Single Supplement	US\$ 150
Child Pricing	Under 5: free; Age 5-11: 20% discount

WHAT'S INCLUDED

- ✓ Water bottle
- ✓ Support vehicle
- ✓ Guide(s)
- ✓ Meals (as indicated)
- ✓ Hotel pick up
- ✓ Hotel drop off
- ✓ Accommodation
- ✓ Bike and helmet
- ✓ Snacks and drinks
- ✓ Accident insurance

WHAT'S EXCLUDED

- ✗ International flights
- ✗ Domestic flights
- ✗ Visa fees
- ✗ Alcohol
- ✗ Tips

DEPARTURES



22 September - 25 September 2025
27 October - 30 October 2025
24 November - 27 November 2025
22 December - 25 December 2025
22 June - 25 June 2026
27 July - 30 July 2026
24 August - 27 August 2026
21 September - 24 September 2026
26 October - 29 October 2026
23 November - 26 November 2026

See website for later departures

TRIP PROFILE

This tour is a combination of sightseeing and cycling. We ride a manageable 30km a day, but because we cover quite a lot of ground and take in all the major sites, the days are quite full and action-packed. The riding is fairly easy, and we follow a wide range of trails ranging from canal paths, minor roads to dirt paths.

The trip is fully supported and your guide's expert knowledge of the area and terrain means that you always know what is coming up in terms of distance and difficulty. This makes a tremendous difference, as does the constant supply of cold drinks and fresh fruit.

Suitability: This tour is suitable for all levels of riders and is a popular choice for families.

Biking Conditions: This trip is a mixture of hard-packed jeep trails and smooth tarmac. An air-conditioned bus travels behind the group to support us, and participants can cycle as much or as little as they like and still enjoy the same views as the rest of the group.

Day 1 Bangkok - Samut Songkram - Kanchanaburi

Starting in Bangkok we drive south to start our bicycle exploration of the Mae Klong Delta area at Damnoen Saduak Floating Market, the biggest and most colourful in Thailand and a must for any visitor. Purchase just about anything from the vast array of "shops" on the river. We then embark on a long-tail boat and cruise through a maze of canals cutting through local villages and various plantations. Arriving at a riverside temple, you can visit the temple before we start riding through coconut and aloe vera plantations as well as fruit orchards. Riding quiet back roads we stop to visit temples, including a few quirky ones, and appreciate the countryside. Depending on the season, you will see lychees, pomelos, guavas and coconuts ripe for picking. We lunch at a riverside restaurant and continue cycling for 13 km on picturesque trails through lush vegetation. We then transfer 1.5 hours to Kanchanaburi for our first overnight stop.



Royal River Kwai Resort



Lunch, Dinner



Ride 32km

Day 2 Kanchanaburi

After a leisurely breakfast we visit the local sites – the War Museum and Cemetery and the famous Bridge Over the River Kwai. We then board the local train for a stunning ride on the Death Railway. After lunch at Krasae Caves we start biking along some great trails, passing by some teak plantations and small Thai villages, on our way to Prasat Mueang Sing. This historical site covering some 74 hectares is believed to have been used by the Khmer Empire as a trading point along the Kwai Noi River. We ride around the park and visit the museum before packing up the bikes and driving the short way to our riverside hotel.



Boutique Raft Resort



Breakfast, Lunch, Dinner



Ride 30km

Day 3 Kanchanaburi - Ayutthaya

After breakfast at the hotel we have a chance to further explore this very scenic province. We will ride from the hotel and head off on quiet country trails. We pass small communities and finish our ride by crossing over a wooden suspension bridge. In the afternoon we drive via Suphanburi to the former capital city of Siam, Ayutthaya, which is located approximately 80 kilometres to the north of Bangkok. The ancient city of Ayutthaya is known as the "Venice of the East" and is situated on the banks of the Chao Phraya River. Dinner is on your own tonight but the guide will be happy to give you some recommendations.



Krungsri River Hotel



Breakfast, Lunch



Ride 30km

Day 4 Ayutthaya - Bang Pa In - Bangkok

Today we offer an optional early-morning (6 am!) tour to visit the local temple and make merit by donating food to the monks, a traditional practice for Thai Buddhists which can also be a meaningful experience for non-Buddhists. We then return to the hotel for breakfast. Our tour today gives us a glimpse into the glory of the Ayutthaya Empire (1350-1767 A.D.) by visiting the many remains of temples. The first visit of the day is by van to Wat Yai Chai Mongkol. This well-tended temple was founded by King U-Thong in 1357 as a center for monks returning from study in Sri Lanka. We then transfer a short way to Wat Phra Mahathat to photograph the famous Buddha head entwined in tree roots before we ride our bikes to Wat Phra Sri Sanphet, the old palace, and Wat Chai Watanaram. We leave the temples behind and head into the countryside on small back roads. The final ride to Wat Niwet Thamprawatang is a real pleasure as we must cross the river via cable cars. After exploring this final, utterly unique temple we end our bike tour and we'll transfer back to Bangkok by car. Your guide and support crew will bid you farewell and drop you off at your hotel! Those looking to extend their stay can experience city life in Bangkok, or venture to northern Thailand for a look at the relaxed cities of Chiang Mai and Chiang Rai. **Or turn a short trip into a real holiday you can add our [Khao Yai Wine Trails] (https://www.spiceroads.com/tours/khao_yai) trip to this tour and receive a 5% discount on the total price. **



Breakfast, Lunch



Ride 28km

Disclaimer: The adventure cycling tours we operate often go beyond the beaten track, and the countries where we ride are not always predictable. Due to these reasons, it is occasionally necessary to reroute or update itineraries. Our guarantee is that we will not change a trip unless for safety or to improve it. Our listed hotels are always accurate at the time of writing, but should we have to change any hotel, it will always be for a similar or better one.

NUTS & BOLTS

Bikes

Bike hire is included in the tour. The bikes are well-known makes of mountain bikes with lightweight alloy frames, 24- to 27-speed gearing, v-brakes and Shimano components and front suspension.

Bike Repairs

Basic spares and tools are carried by the guide and on the support vehicle, though we cannot guarantee having spares for every conceivable problem. Carrying a basic tool kit, a spare tube and a pump while riding is recommended.

Safety

Wearing a helmet is required on all our biking adventures and is non negotiable. If you do not wear a helmet you will not be allowed to cycle. Your tour leader is trained in first aid and emergency rescue, but to a large degree you must be responsible for your own safety while riding. It is therefore compulsory that you take out travel insurance that will cover you for a mountain biking tour.

Guides

You will be led by a local English-speaking guide and if the group is 9 people or more we will add another guide to the tour. All our guides are well informed in the history, culture and religions of the area where you are biking and are skilled at passing that knowledge on to you. Your guide is also medically trained and an experienced cyclist, able to handle most minor repairs en route.

THE NITTY GRITTY

Passports and Visas

Visitors from 93 countries can enter Thailand for 60 days without applying for a visa. See [here](#) if your country is on the list. If you do not hold a passport from one of these countries please contact the Thai embassy or consulate nearest to you about applying for a visa. If you intend to stay for more than 60 days you will also need a visa. Please check this [page](#) for more details and the latest updates. Please ensure you hold a passport with at least 6 months of validity remaining. You will need to show proof of an onward flight out of Thailand to be eligible for the visa on arrival. If you do not possess a ticket proving your exit from Thailand within 60 days of arrival, you may be denied boarding.

Important Update: As of **May 01, 2025** all non-Thai nationals entering Thailand by air, land, or sea must complete the **Thailand Digital Arrival Card (TDAC) online** before arrival. Please fill out the details on the official website [here](#) **within three (3) days before your arrival in Thailand**. This is a free process - beware of fake websites that charge a fee. If you are already travelling within the three days before your planned arrival in Thailand, then we suggest completing the form while you are at a hotel with reliable Wi-Fi. It only takes a few minutes.

Health

We recommend that you visit a travel medical doctor and ask about the following vaccinations: typhoid, polio, tetanus and hepatitis A. A certificate for Yellow Fever is required when arriving from an infected area within six days.

Weather

Thailand generally has a tropical climate with fairly high humidity. The North and Central region have a tropical climate with fairly high humidity. Northeast Thailand has a humid hot and dry weather alternatively with medium rain while the coastal areas of the east is humid and hot with intermittent rain. The South of Thailand has a tropical climate with fairly high humidity.

There are three seasons: from March to June it is hot and dry, with temperatures between 27°C/80 F and 40°C/104 F, with night temperatures in the 20s. The rainy season is from July to October, but temperatures are slightly lower, because of the effect of the rain. During this time it will not rain continuously, but in sharp bursts, and the sun can come out quickly. The cooler season is from October to February, with average temperatures between 20°C/68 F and 30°C/86 F.

Food

Meals are included as per the itinerary where B = breakfast, L = lunch, D = dinner. Most meals are local and feature noodles, rice, curries, and soups. Any special dietary requirements can also be catered for as well. Please let us know at the time of booking.

Drink

Keeping you completely hydrated is a job we take very seriously. Cold water, some energy-restoring local fruit, and soft drinks are included in the tour price while riding. Soft drinks and other beverages during meals are not included. Beer is freely available everywhere but is NOT included in the price.

Solo Travelers

SpiceRoads does not require you to pay a surcharge for traveling alone. We will arrange for you to share accommodation with another traveler of the same gender and if we cannot match you up we will provide a single room at no extra charge. If you prefer not to share a single supplement is payable to guarantee your own room. The cost of the single supplement is listed above.

Extra Expenses

We recommend that you tuck away a few extra dollars, perhaps US\$20 per day, for incidentals.

Money

The Thai currency is the baht. ATMs, which are abundant, are the easiest ways to get Thai baht. Have a supply of US dollars in cash on hand, just in case your card doesn't work. Banks or the rarer private moneychangers offer the best foreign-exchange rates. Credit cards are accepted in big cities and resort hotels but you'll need baht for family-run guesthouses or restaurants.

GENERAL BOOKING INFO

If this is the tour for you here's what you need to do to confirm your place:

FLEXIBLE BOOKING CONDITIONS

Booking a SpiceRoads cycling adventure is easy and we try to do everything possible to make sure you have full flexibility and peace of mind. We do not require a deposit to hold your place on a tour and once full payment has been made your money is protected in our client account and you have the flexibility to cancel or change your booking if needed.

CONFIRMING YOUR BOOKING

Just complete our online booking form or send your booking details offline (email or post), and we will confirm your participation. No deposit is needed to confirm your place on a SpiceRoads tour.

You are advised to read our [Booking Conditions](#) in full before you make your payment and should you require further clarifications of any of the conditions below, please [email us](#) or call our office.

TRIP STATUS

There is a minimum number of participants (usually 2) required to enable the trip to go ahead. Once the minimum number is reached, the trip status will change from 'Available' to 'Guaranteed to Depart'. Once a trip is guaranteed to depart you are free to book your flights and make other travel arrangements. If the trip status is 'Limited' will mean we have only a small number of spaces available for booking. If you are unsure about the trip status, please [email us](#) or call our office.

BOOKING ONLINE

From the tour page, click the 'Book Now' link. All departures for this tour will appear, just select the date you'd like to travel. For the next steps, you'll need to know the names of the people travelling. If you wish you can also provide extra details such as passport numbers, height (for bike hire), or you can add that later by logging into [Manage My Trip](#) (we'll set up an account for you automatically if you don't already have one). Our system will contact you from time to time to fill in the missing information, as it will be required before departure. However, if the trip that you are booking offers a child discount, you will have to fill out the date of birth of each rider (so we can calculate the appropriate discount).

If you are having any problems [please send us an email](#), or give us a call (+66 026 3295) and one of our travel specialists will assist you with your booking.

BOOKING OFFLINE

Just call us or send an email indicating which trip you want to join and we will happily send you a list of questions and process your booking for you.

DEPOSITS AND PAYMENTS

We do not require a deposit or full payment to book a place for you on a tour.

The balance of the tour's cost (final invoice) will need to be paid 60 days before the departure date with fees for any bicycle rental(s), single supplement(s) and extra hotel nights.

In the case where a booking is made when there are less than 60 days until the tour departure date, the tour's cost should be paid in full within 72 hours of receiving an invoice from SpiceRoads. Payment can be made by credit card using our online payment gateway or by bank transfer. When making payment online you will need to confirm that you have read these booking conditions during the "checkout" process, which equates to agreeing to the terms of services and stipulations as indicated in this document.

In all cases, tour fees need to be paid "in full" before participation in a tour. No person(s) will be allowed to join a tour without fully settling their invoice and receiving a confirmation number from SpiceRoads.

The exception can be made for last-minute miscellaneous fees that can be paid locally (visas, additional local hotel bookings, etc.) can be settled on the day of arrival.

FULL FLEXIBILITY FOR TOUR CANCELATIONS

If the tour is cancelled or postponed by SpiceRoads because we didn't make the trip numbers and the tour can't run, we will make a full cash refund (by bank transfer or on your credit card).

If the tour is cancelled for any other reason, including due to Covid related travel restrictions, we will give you a full credit (with no deductions for admin or any other small-print item) to use on

any SpiceRoads tour with no time limit. (Exceptions being flights, special permits and other non-refundable items and these will be advised when booking the trip).

Before paying for your tour, you can cancel your booking with no charge and up until 40 days before departure, you can change your booking to another travel date or move your booking onto another SpiceRoads tour with no charges.

If you need to cancel after you have made full payment, please see our [cancellation policy](#).

Loyalty Riders Club

For those who have been on several long tours with us, we reward customer loyalty by offering repeat customers a special discount off the tour price (excludes single supplement and bike rental). If this is your fourth scheduled tour or more you will receive a 5% discount. If this is your eighth scheduled tour or more we will extend a 10% discount. The discount will be reflected in your online booking, but please contact us if any questions. Loyalty discounts cannot be used in conjunction with any other offer. Note: Only tours of 7 days or more will be applicable for a loyalty discount.

International Flights

International flights, to and from the start and finish points are not included in the tour price. Once your tour is Guaranteed to Depart you can book your flight. Please contact us for advice before arranging flights for the best arrival and departure times. We would only cancel a trip for an extreme circumstance, but in that case, where we cancel your trip, we cannot be liable for losses incurred relating to any flight booking you have made. Please claim any losses from your [travel insurance](#) that you acquired when you booked your holiday.

Newsletter

Our adventure travel [e-newsletter](#) is full of travel news, trip information, interesting stories and contests. To avoid missing out on special offers and updates from SpiceRoads, be sure to subscribe.

CONTACT US

45 (Sub Soi Pannee) Soi Pridi Banomyong 26
Sukhumvit Soi 71 Klongtan Nua, Wattana
Bangkok, Thailand 10110
Tel: +66 (0) 2 026 3295
Email: info@spiceroads.com
Website: www.spiceroads.com

FOLLOW US

 twitter.com/spiceroads
 youtube.com/user/spiceroads
 instagram.com/spiceroads
 facebook.com/SpiceRoad