

SPICE ROADS

CYCLING



CENTRAL THAILAND EXPLORER

Tour Code
THA-TCT

4 DAYS
3 NIGHTS

	Destinations	Thailand
	Tour Meets Tour Ends	06:30 to 07:00 at your hotel in Bangkok. 17:30 at your hotel in Bangkok
	Fly in to Fly out of	Suvarnabhumi Airport (BKK) Suvarnabhumi Airport (BKK)
	Group Size Minimum Age	2-16 riders 0 (on scheduled departures)

ACTIVITY PROFILE



4 Cycling days	120 km Total cycling distance
30 km Avg distance / day	m Avg climbing / day

PRICING



Price	THB 23,500
Bike Hire	Included
Single Supplement	THB 3,500
Child Pricing	Under 5: free; Age 5-11: 20% discount

WHAT'S INCLUDED

- ✓ Water bottle
- ✓ Support vehicle
- ✓ Guide(s)
- ✓ Meals (as indicated)
- ✓ Hotel pick up
- ✓ Hotel drop off
- ✓ Accommodation
- ✓ Bike and helmet
- ✓ Snacks and drinks
- ✓ Accident insurance

WHAT'S EXCLUDED

- ✗ International flights
- ✗ Domestic flights
- ✗ Visa fees
- ✗ Alcohol
- ✗ Tips

DEPARTURES



22 January - 25 January 2019
29 January - 01 February 2019
05 February - 08 February 2019
12 February - 15 February 2019
19 February - 22 February 2019
26 February - 01 March 2019
05 March - 08 March 2019
12 March - 15 March 2019
19 March - 22 March 2019
26 March - 29 March 2019

See website for later departures

TRIP PROFILE

This tour is a combination of sightseeing and cycling. We ride a manageable 30km a day, but because we cover quite a lot of ground and take in all the major sites, the days are quite full and action-packed. The riding is fairly easy, and we follow a wide range of trails ranging from canal paths, minor roads to dirt paths.

The trip is fully supported and your guide's expert knowledge of the area and terrain means that you always know what is coming up in terms of distance and difficulty. This makes a tremendous difference, as does the constant supply of cold drinks and fresh fruit.

Suitability: This tour is suitable for all levels of riders and is a popular choice for families.

Biking Conditions: This trip is a mixture of hard-packed jeep trails and smooth tarmac. An air-conditioned bus travels behind the group to support us, and participants can cycle as much or as little as they like and still enjoy the same views as the rest of the group.

Day 1 Bangkok - Samut Songkram - Kanchanaburi

Starting in Bangkok we drive south to start our bicycle exploration of the Mae Klong Delta area at Damnoen Saduak Floating Market, the biggest and most colourful in Thailand and a must for any visitor. Purchase just about anything from the vast array of "shops" on the river. We then embark on a long-tail boat and cruise through a maze of canals cutting through local villages and various plantations. Arriving at a riverside temple, you can visit the temple before we start riding through coconut and aloe vera plantations as well as fruit orchards. Riding quiet back roads we stop to visit temples, including a few quirky ones, and appreciate the countryside. Depending on the season, you will see lychees, pomelos, guavas and coconuts ripe for picking. We lunch at a riverside restaurant and continue cycling for 13 km on picturesque trails through lush vegetation. We then transfer 1.5 hours to Kanchanaburi for our first overnight stop.



Royal River Kwai Resort



Lunch, Dinner



Ride 32km

Day 2 Kanchanaburi

After a leisurely breakfast we visit the local sites – the War Museum and Cemetery and the famous Bridge Over the River Kwai. We then board the local train for a stunning ride on the Death Railway. After lunch at Krasae Caves we start biking along some great trails, passing by some teak plantations and small Thai villages, on our way to Prasat Mueang Sing. This historical site covering some 74 hectares is believed to have been used by the Khmer Empire as a trading point along the Kwai Noi River. We ride around the park and visit the museum before packing up the bikes and driving the short way to our riverside hotel.



Boutique Raft Resort



Breakfast, Lunch, Dinner



Ride 30km

Day 3 Kanchanaburi - Ayutthaya

After breakfast at the hotel we have a chance to further explore this very scenic province. We will ride from the hotel and head off on quiet country trails. We pass small communities and finish our ride by crossing over a wooden suspension bridge. In the afternoon we drive via Suphanburi to the former capital city of Siam, Ayutthaya, which is located approximately 80 kilometres to the north of Bangkok. The ancient city of

Ayutthaya is known as the "Venice of the East" and is situated on the banks of the Chao Phraya River. Dinner is on your own tonight but the guide will be happy to give you some recommendations.



Krungsri River Hotel



Breakfast, Lunch



Ride 30km

Day 4 Ayutthaya - Bang Pa In - Bangkok

Today we offer an optional early-morning (6 am!) tour to visit the local temple and make merit by donating food to the monks, a traditional practice for Thai Buddhists which can also be a meaningful experience for non-Buddhists. We then return to the hotel for breakfast. Our tour today gives us a glimpse into the glory of the Ayutthaya Empire (1350-1767A.D.) by visiting the many remains of temples. The first visit of the day is by van to Wat Yai Chai Mongkol. This well-tended temple was founded by King U-Thong in 1357 as a center for monks returning from study in Sri Lanka. We then transfer a short way to Wat Phra Mahathat to photograph the famous Buddha head entwined in tree roots before we ride our bikes to Wat Phra Sri Sanphet, the old palace, and Wat Chai Watanaram. We leave the temples behind and head into the countryside on small back roads that follow the Chao Phraya River to Bang-Pa In, the former summer palace of King Chulalongkorn. Here we have lunch and visit the palace before heading back to Bangkok. ****To turn a short trip into a real holiday you can add our [Khao Yai Wine Trails](https://www.spiceroads.com/tours/khao_yai) trip to this tour and receive a 5% discount on the total price.****



Breakfast, Lunch



Ride 28km

NUTS & BOLTS

Bikes

Bike hire is included in the tour. The bikes are well-known makes of hybrid or mountain bikes (depending on the tour) with lightweight alloy frames, 24- to 27-speed gearing, v-brakes and Shimano components and front suspension.

Bike Repairs

Basic spares and tools are carried by the guide and on the support vehicle, though we cannot guarantee having spares for every conceivable problem. Carrying a basic tool kit, a spare tube and a pump while riding is recommended.

Safety

Wearing a helmet is required on all our biking adventures and is non negotiable. If you do not wear a helmet you will not be allowed to cycle. Your tour leader is trained in first aid and emergency rescue, but to a large degree you must be responsible for your own safety while riding. It is therefore compulsory that you take out travel insurance that will cover you for a mountain biking tour.

Guides

You will be led by a local English-speaking guide and if the group is 9 people or more we will add another guide to the tour. All our guides are well informed in the history, culture and religions of the area where you are biking and are skilled at passing that knowledge on to you. Your guide is also medically trained and an experienced cyclist, able to handle most minor repairs en route.

THE NITTY GRITTY

Passports and Visas

All nationalities require a passport for entry into Thailand. Please ensure your passport is valid for at least 6 months beyond the duration of your stay in the country. If staying less than 30 days then a visa in advance is not required by European, North American, Australian and many other nationalities. Please check this [page](#) to see if you qualify. You will need to show proof of an onward flight out of Thailand to be eligible for the visa on arrival. This is strictly enforced.

Health

We recommend that you visit a travel medical doctor and ask about the following vaccinations: typhoid, polio, tetanus and hepatitis A. A certificate for Yellow Fever is required when arriving from an infected area within six days.

Weather

Thailand generally has a tropical climate with fairly high humidity. The North and Central region have a tropical climate with fairly high humidity. Northeast Thailand has a humid hot and dry weather alternatively with medium rain while the coastal areas of the east is humid and hot with intermittent rain. The South of Thailand has a tropical climate with fairly high humidity.

There are three seasons: from March to June it is hot and dry, with temperatures between 27°C/80 F and 40°C/104 F, with night temperatures in the 20s. The rainy season is from July to October, but temperatures are slightly lower, because of the effect of the rain. During this time it will not rain continuously, but in sharp bursts, and the sun can come out quickly. The cooler season is from October to February, with average temperatures between 20°C/68 F and 30°C/86 F.

Food

Meals are included as per the itinerary where B = breakfast, L = lunch, D = dinner. Most meals are local and feature noodles, rice, curries, and soups. Any special dietary requirements can also be catered for as well. Please let us know at the time of booking.

Drink

Keeping you completely hydrated is a job we take very seriously. Cold water, some energy-restoring local fruit, and soft drinks are included in the tour price while riding. Soft drinks and other beverages during meals are not included. Beer is freely available everywhere but is NOT included in the price.

Solo Travelers

SpiceRoads does not require you to pay a surcharge for traveling alone. We will arrange for you to share accommodation with another traveler of the same gender and if we cannot match you up we will provide a single room at no extra charge. If you prefer not to share a single supplement is payable to guarantee your own room. The cost of the single supplement is listed above.

Extra Expenses

We recommend that you tuck away a few extra dollars, perhaps US\$20 per day, for incidentals.

Money

The Thai currency is the baht. ATMs, which are abundant, are the easiest ways to get Thai baht. Have a supply of US dollars in cash on hand, just in case your card doesn't work. Banks or the rarer private moneychangers offer the best foreign-exchange rates. Credit cards are accepted in big cities and resort hotels but you'll need baht for family-run guesthouses or restaurants.

GENERAL BOOKING INFO

Booking

If this is the tour for you here's what you need to do to confirm your place: Read our [Booking Conditions](#)

From the tour page click the 'Book Now' link. All departures for this tour will appear, just select the date you'd like to travel. There is a minimum number of participants (usually 2) required to enable the trip to go ahead. Once the minimum number is reached, the trip status will change from 'Available' to 'Guaranteed to Depart'. Once a trip is guaranteed to depart you are free to book your flights and make other travel arrangements. If you are unsure about the trip status, please [email us](#) or call our office. For the next steps you'll need to know the names of the people traveling and have either a Visa or a MasterCard. If you wish you can also provide extra details such as passport numbers, height, or you can add that later by logging into [Manage My Trip](#) (we'll set up an account for you automatically if you don't already have one). However, if you wish to get a children's discount, please do fill out the date of birth of the riders. If you are having any problems, [please send us an email](#), or give us a call (+66 2 381 7490) and one of our travel specialists will assist you with your booking.

Deposit

For Long Tours (7 days or more) to guarantee your place we require a 30% or 500 USD deposit, whichever is the greater. For Short Tours (6 days or less) we require full payment to guarantee your place. We also require that you take out [travel insurance](#) when you book your holiday. Besides covering you during your holiday it will also enable you to claim for any money that you have paid to us, including your deposit, should you have to cancel your trip.

Balance

Full payment must be paid 45 days before the departure date with fees for any bicycle rental(s), single supplement(s) and extra hotel nights. Our confirmation will include personal details you provided us (including your flight information), visa application advice, a packing suggestion list and a detailed tour itinerary. It will also include a checklist to ensure you get everything ready for your holiday.

Cancellation Policy

On the rare occasions when we, SpiceRoads, must cancel a trip, all payments received to date will be 100% refunded, which constitutes full settlement. There will be absolutely no deductions. If you, the client, must cancel your reservation, your cancellation fee will be determined according to when you cancel. For full details, please read our [cancellation policy](#).

Loyalty Riders Club

For those who have been on several long tours with us we reward customer loyalty by offering repeat customers a special discount off the tour price (excludes single supplement and bike rental). If this is your fourth scheduled tour or more you will receive a 5% discount. If this is your eighth scheduled tour or more we will extend a 10% discount. The discount will be reflected in your online booking, but please contact us if any questions. Loyalty discounts can not be used in conjunction with any other offer. Note: Only tours of 7 days or more will be applicable for loyalty discount.

International Flights

International flights, to and from the start and finish points are not included in the tour price. Once your tour is Guaranteed to Depart you can book your flight. Please contact us for advice before arranging flights for the best arrival and departure times. We would only cancel a trip for an extreme circumstance, but in that case, where we cancel your trip, we cannot be liable for losses incurred relating to any flight booking you have made. Please claim any losses from your [travel insurance](#) that you acquired when you booked your holiday.

Newsletter

Our adventure travel [e-newsletter](#) is full of travel news, trip information, interesting stories and contests. To avoid missing out on special offers and updates from SpiceRoads, be sure to subscribe.

The information in this document is given in good faith, and covers the average range of conditions likely to be found on this trip. Please note that the itinerary is subject to change due to unforeseen circumstances, however, we will always do our best to adhere to this original itinerary

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