

SPICE ROADS

CYCLING



BALI MOUNTAIN BIKING ADVENTURE

Tour Code
IDN-IBA

7 DAYS
6 NIGHTS

	Destinations	Indonesia
	Tour Meets Tour Ends	Sanur Ubud
	Fly in to Fly out of	Ngurah Rai International Airport (DPS) Ngurah Rai International Airport (DPS)
	Group Size Minimum Age	2-16 riders 18 (on scheduled departures)

ACTIVITY PROFILE



5 Cycling days	176 _{km} Total cycling distance
35 _{km} Avg distance / day	399 _m Avg climbing / day

PRICING



Price
Bike Hire (Mountain Bike)
Single Supplement

US\$ 1,250
US\$ 140
US\$ 325

WHAT'S INCLUDED

- ✓ SpiceRoads jersey
- ✓ Water bottle
- ✓ Support vehicle
- ✓ Guide(s)
- ✓ Meals (as indicated)
- ✓ Airport pick up
- ✓ Airport drop off
- ✓ Accommodation
- ✓ Snacks and drinks

WHAT'S EXCLUDED

- ✗ International flights
- ✗ Visa fees
- ✗ Alcohol
- ✗ Tips

DEPARTURES



31 August - 06 September 2025
24 September - 30 September 2025
10 May - 16 May 2026
07 June - 13 June 2026
05 July - 11 July 2026
30 August - 05 September 2026

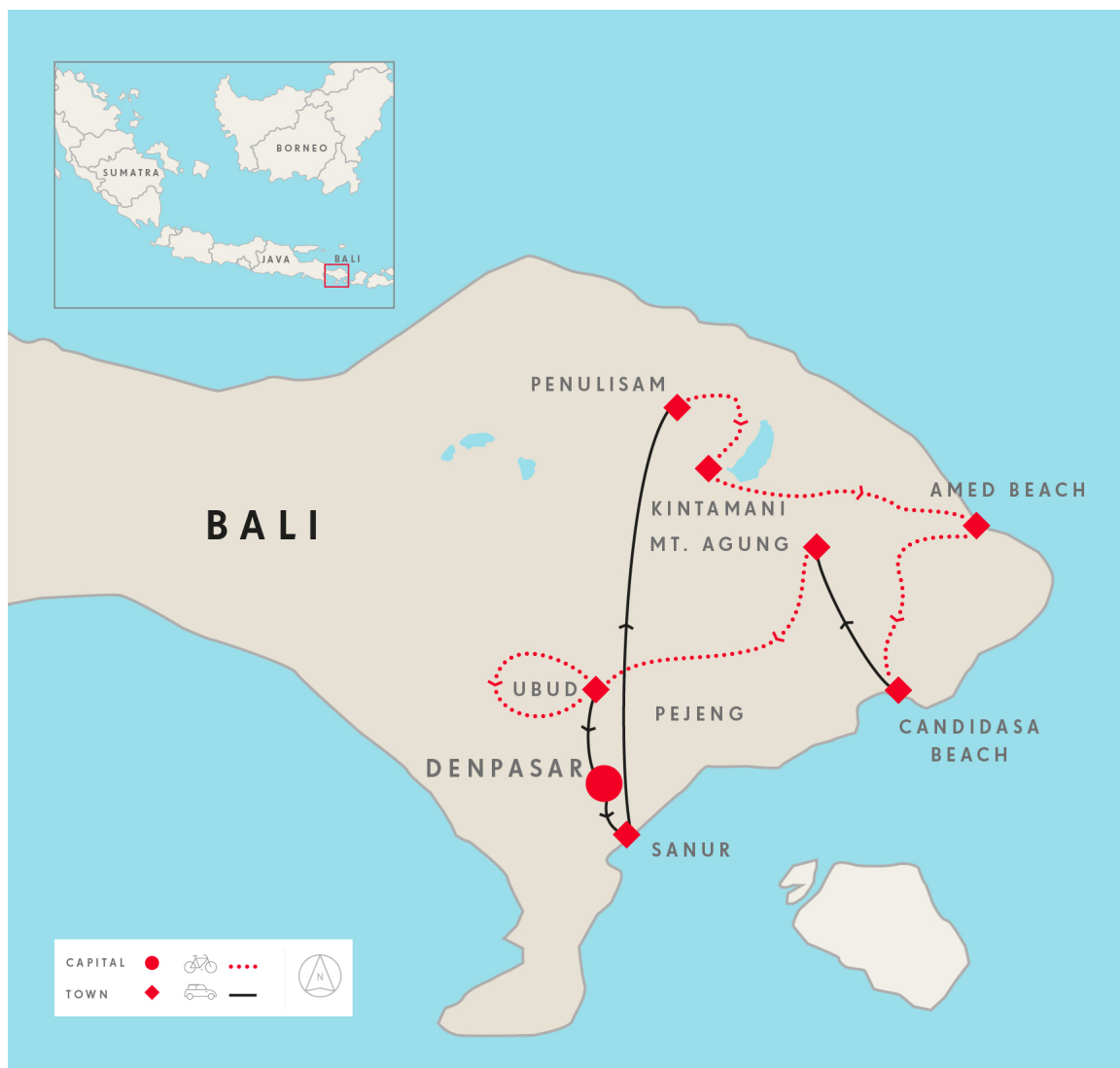
TRIP PROFILE

We ride a total of 175 km in five cycling days, with an average gain of +399 m per day, and plenty of fun downhill to enjoy. The routes are designed to show you the various types of terrain and riding surfaces in Bali, including dirt, lava, gravel, sand, and tarmac, making for a challenging yet enjoyable experience. Daily climbing ranges from +200 m to +550 m, allowing for great views from remote lookout, making the most of the possibilities the mountain bike opens up. There is one section on Day 3 where it is not possible to have vehicle support, but for the most part, support is always close at hand at meeting points in case you decide to stop riding. Of course, your guide is always there to let you know what's ahead and ensure you have enough water and supplies.

Along the way, you will explore the cultural and natural heritage of Bali, with visits to temples, wildlife sanctuaries and other interesting spots that your local guide will know intimately. You will stay in resorts both in the mountains and at beautiful beaches, allowing you to relax at the end of each day and cool off in the swimming pools. This will be a diverse and fulfilling tour worthy of this dynamic and fascinating island!

Suitability: This trip is recommended for riders who enjoy and have some off-road experience, but you don't have to be an expert to get the best out of this trip. This tour is mainly on jeep trails and single track. The support vehicle cannot always follow but will meet the group at certain points along the trail. While the off-road riding is not that technical, some experience is highly recommended. We recommend practicing before the tour, preferably in warm weather, as temperatures can be quite high on Bali.

Biking Conditions: Though the rides are not exceptionally long, they present a challenge because of the slopes and rugged terrain. Flat land in Bali is almost nonexistent, so the experience is almost entirely off-road on a series of demanding surfaces, including forest trails, red mud hard-pack, volcanic sand, lava cobbles, gravel, and broken tarmac roads. There are sections of single-track in every ride, but no long rocky or rooty sections or big drops. As far as gradients are concerned, all the trails except one have an overall downhill element to them (in other words they finish at a lower altitude than the start). A few steep ascents and descents are also part of the program, but these are normally short and sharp.



Day 1 Denpasar - Sanur

A SpiceRoads team member will pick you up from the Denpasar airport (Ngurah Rai International Airport) and you will transfer to your hotel on the east coast village of Sanur (around 1 hour). Once there, you can relax by the pool and prepare for the adventure ahead. We will meet up for a trip briefing and then head to a nearby restaurant for dinner.



Sri Phala Hotel or similar



Dinner

Day 2 Batur Volcano

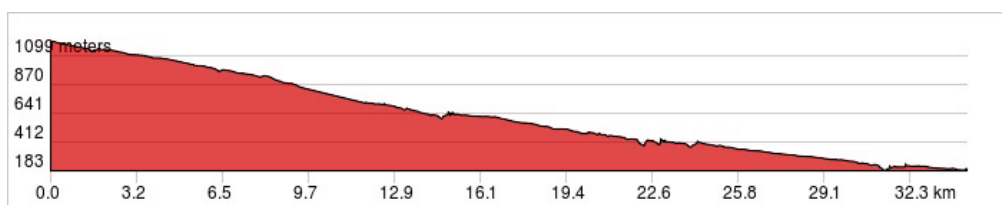
We head up to Penulisan on the rim of the Mt. Batur crater for the start of our first ride, with spectacular views of the volcanic cone and, on a clear day, Mt. Abang and Mt. Agung in the distance. We take dirt roads and easy single track to the village of Pinggan, where we have a well-earned lunch. A short, sharp descent takes us to the base of the volcanic cone, and we spend the afternoon riding around the base of the volcano on narrow sandy trails. With the last part of the trail crossing a lava field, there is ample opportunity to get a close up of the volcano and the strange moon-like landscape that it creates.



Pramana Zahill Kintamani or similar



Breakfast, Lunch, Dinner





Ride 35km



+233m



-1249m

Day 3 Mt. Abang and Mt. Agung

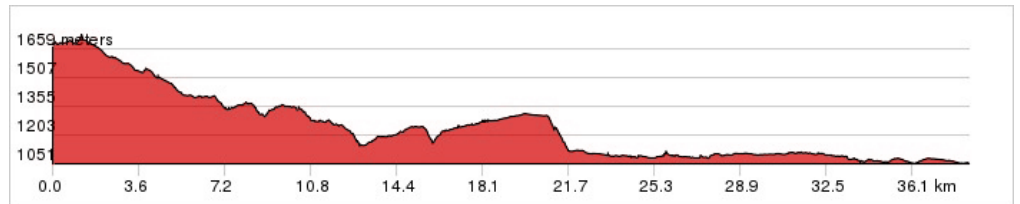
This day is your chance to see what few have seen! First, we ride from Abang to the east coast starting at the edge of the Batur Crater. From there, you head downhill on jeep tracks for 8 km before turning east and climbing steadily through 10 km of pine forests to the top of a mountain pass between Mt. Abang and Mt. Agung. Lunch is served in this rarefied setting. Please be aware that this part of the island is extremely remote, and vehicle support will not be available for long stretches of the ride. The exhilarating descent to the east coast finds us cruising by dry river beds and through cashew nut plantations.



Uyah Amed or similar



Breakfast, Lunch, Dinner



Ride 35km



+580m



-1212m

Day 4 Mt. Agung - Candidasa Beach

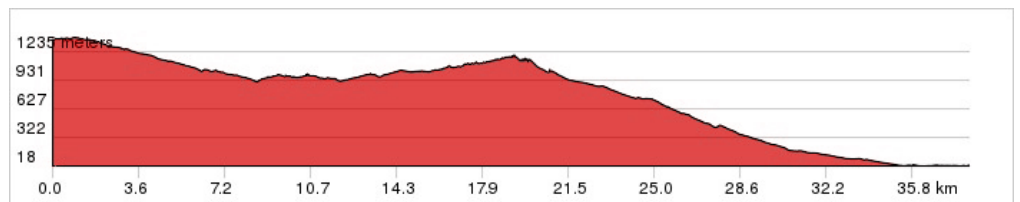
We weave our way around the side of Mt. Agung via a network of single track paths through shady coconut and bamboo groves. Pass through stone cutting and carving villages and rock quarries until you reach the ruins of a water palace at Jungutan. With incredible views over the rice paddies and a beautiful white beach (so bring along your swimming suit), we enjoy our packed lunch. The afternoon ride runs down through some of the finest rice paddy scenery in Bali ending on the stunning coastline near Candidasa Beach where a cool refreshing drink awaits.



Rama Shinta Candidasa or similar



Breakfast, Lunch, Dinner



Ride 35km



+480m



-1820m

Day 5 Candidasa Beach - Ubud

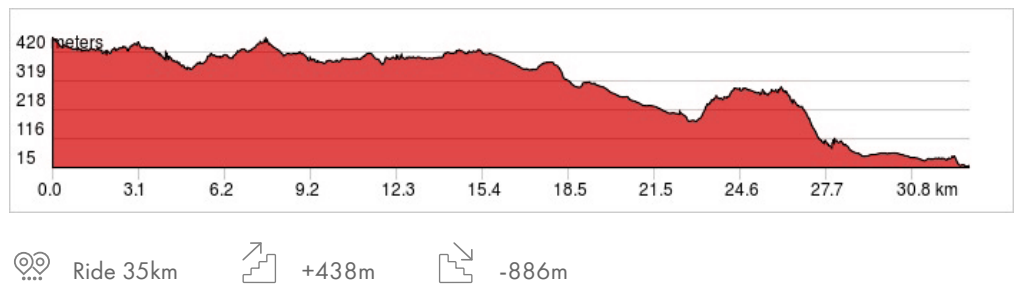
Today's ride starts high up on the slopes of Mt. Agung and descends along a tarmac ridge with spectacular views along the south coast. We enter a large Salak fruit growing area where we weave our way through plantations and stone carving villages until we reach Muncan, where we will have lunch and then transfer to Ubud. The late afternoon is free to stroll around this artistic and spiritual centre of the island. Dinner is on your own as there are many fine restaurants to choose from in this beautiful town.



Anumana Hotel or similar



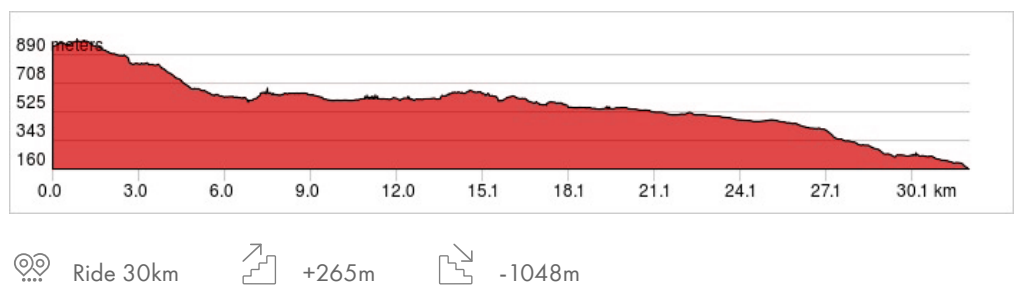
Breakfast, Lunch



Day 6 Ubud Loop

In the morning, we explore the serene rice paddies and off-road trails around Ubud. We stop for a local lunch and return to town in time for a walk in town, an optional rafting trip, or to relax by the pool. Rafting is an extra charge; please just let the guide know the day before. This evening, we will meet up for a final night dinner in town.

Anumana Hotel or similar Breakfast, Lunch, Dinner



Day 7 Ubud - Departure

This morning, we say our goodbyes. You may wish to stay longer in Ubud. Otherwise, you can take our transfer to Kuta for more time at the beach, or to the airport for departing flights.

Disclaimer: The adventure cycling tours we operate often go beyond the beaten track, and the countries where we ride are not always predictable. Due to these reasons, it is occasionally necessary to reroute or update itineraries. Our guarantee is that we will not change a trip unless for safety or to improve it. Our listed hotels are always accurate at the time of writing, but should we have to change any hotel, it will always be for a similar or better one.

NUTS & BOLTS

Bikes

Because some people can't imagine going on a trip without their own beloved bicycle, we do not provide them as part of this tour. However, you can hire bikes locally for the price listed in the tour pricing section.

If you bring your own bike, please make sure it is a mountain bike, preferably with front suspension, in good mechanical order.

Bike Repairs

Basic spares and tools are carried by the guide and on the support vehicle, though we cannot guarantee having spares for every conceivable problem. Carrying a basic tool kit, a spare tube

and a pump while riding is recommended.

Safety

Wearing a helmet is required on all our biking adventures and is non negotiable. If you do not wear a helmet you will not be allowed to cycle. Your tour leader is trained in first aid and emergency rescue, but to a large degree you must be responsible for your own safety while riding. It is therefore compulsory that you take out travel insurance that will cover you for a mountain biking tour.

Guides

You will be led by a local English-speaking guide and if the group is 9 people or more we will add another guide to the tour. All our guides are well informed in the history, culture and religions of the area where you are biking and are skilled at passing that knowledge on to you. Your guide is also medically trained and an experienced cyclist, able to handle most minor repairs en route.

THE NITTY GRITTY

Passports and Visas

Citizens of 80+ countries can enter Indonesia with a Visa-on-Arrival (VoA) which grants single-entry for up to 30 days. To be eligible for a visa-on-arrival you must meet the following criteria:

- Hold a passport from the countries approved for visa-on-arrival. Please see the full list [here](#).
- Your Passport must be valid for 6 months since date of entry.
- You must have a return or onward ticket (which indicates the date of departure from Indonesia).
- You must pay a Visa-on-Arrival Fee of 500,000 IDR (around 35 USD).
- Submit an electronic customs declaration through [this website](#)

Visa-on-Arrival can be procured upon arrival in Indonesia but if you would like to save time then you can apply for and receive your visa by doing it online ahead of your departure. [Here](#) is the official website to do so. **We suggest doing this as you will save time on arrival.**

[Here](#) and [here](#) are useful links that summarizes the information on visas to Indonesia.

In **Bali**, payment of a tourism levy is required before entry. Once paid online, a voucher will be sent to you by email for you to present on arrival in Bali. [Official website for tourism levy information and payment](#).

Health

Recommended vaccinations include typhoid, polio, tetanus and Hepatitis A. A certificate for Yellow Fever is required if arriving from an infected area within the prior six days. The more remote areas may be considered malarial areas. Please check with your doctor prior to departure for the most recent information.

Weather

Indonesia is a vast archipelago affected by a series of weather patterns, and depending on which island you are on, the weather can be hot and wet or hot and dry. Indonesia's monsoonal climate usually means short heavy downpours rather than all-day, never-ending rain.

Located 8 degrees south of the equator, Bali is home to a tropical climate with constant temperatures during the day ranging from 28 C to 30 C at sea level, although the humidity varies throughout the year. It is highest during the rainy season which is from December to March and gradually reduces to its lowest level from May to September, when a beautiful dry cooling breeze blows across from Australia.

Lombok also has a tropical climate similar to Bali's, with the only variation being the rainy season starting earlier, and is from October to April.

Sulawesi has a warm tropical climate with wet and dry seasons lasting approximately six months each. The dry season is from April to October and the wet season is from November to May. Sulawesi enjoys year-round temperatures averaging at least 30 C.

Food

Meals are included as per the itinerary where B = breakfast, L = lunch, D = dinner. Most meals are local Indonesian dishes and feature noodles, rice, curries, and soups. Any special dietary requirements can also be catered for as well. Please let us know at the time of booking.

Drink

Keeping you completely hydrated is a job we take very seriously. Cold water, some energy-restoring local fruit and soft drinks are included in the tour price. We are riding in a Muslim country and though beer is available, it might not be served in some restaurants. If you choose to purchase some beer please note it is NOT included in the price.

Solo Travelers

SpiceRoads does not require you to pay a surcharge for traveling alone. We will arrange for you to share accommodation with another traveler of the same gender and if we can not match you up we will provide a single room at no extra charge. If you prefer not to share a single supplement is payable to guarantee your own room. The cost of the single supplement is listed above.

Extra Expenses

We recommend that you tuck away a few extra dollars, perhaps US\$10, for incidentals. It is customary to tip local tour guides and drivers, however, the amount you give should be dependent on the level of service you receive. As a general guide we suggest US\$3-4 per person per day is appropriate.

Money

The official currency in Indonesia is the rupiah (Rp). Foreign currencies are not generally accepted. ATMs are widely available in cities and towns and touristy places have lots of moneychangers as well as banks. Banks usually have better exchange rates, though moneychangers may offer the best rates for cash. Credit cards can be used for larger purchases, in international hotels.

GENERAL BOOKING INFO

If this is the tour for you here's what you need to do to confirm your place:

FLEXIBLE BOOKING CONDITIONS

Booking a SpiceRoads cycling adventure is easy and we try to do everything possible to make sure you have full flexibility and peace of mind. We do not require a deposit to hold your place on a tour and once full payment has been made your money is protected in our client account and you have the flexibility to cancel or change your booking if needed.

CONFIRMING YOUR BOOKING

Just complete our online booking form or send your booking details offline (email or post), and we will confirm your participation. No deposit is needed to confirm your place on a SpiceRoads tour.

You are advised to read our [Booking Conditions](#) in full before you make your payment and should you require further clarifications of any of the conditions below, please [email us](#) or call our office.

TRIP STATUS

There is a minimum number of participants (usually 2) required to enable the trip to go ahead. Once the minimum number is reached, the trip status will change from 'Available' to 'Guaranteed to Depart'. Once a trip is guaranteed to depart you are free to book your flights and make other travel arrangements. If the trip status is 'Limited' will mean we have only a small number of spaces available for booking. If you are unsure about the trip status, please [email us](#) or call our office.

BOOKING ONLINE

From the tour page, click the 'Book Now' link. All departures for this tour will appear, just select the date you'd like to travel. For the next steps, you'll need to know the names of the people travelling. If you wish you can also provide extra details such as passport numbers, height (for bike hire), or you can add that later by logging into [Manage My Trip](#) (we'll set up an account for you automatically if you don't already have one). Our system will contact you from time to time to fill in the missing information, as it will be required before departure. However, if the trip that you are booking offers a child discount, you will have to fill out the date of birth of each rider (so we can calculate the appropriate discount).

If you are having any problems [please send us an email](#), or give us a call (+66 026 3295) and one of our travel specialists will assist you with your booking.

BOOKING OFFLINE

Just call us or send an email indicating which trip you want to join and we will happily send you a list of questions and process your booking for you.

DEPOSITS AND PAYMENTS

We do not require a deposit or full payment to book a place for you on a tour.

The balance of the tour's cost (final invoice) will need to be paid 60 days before the departure date with fees for any bicycle rental(s), single supplement(s) and extra hotel nights.

In the case where a booking is made when there are less than 60 days until the tour departure date, the tour's cost should be paid in full within 72 hours of receiving an invoice from SpiceRoads. Payment can be made by credit card using our online payment gateway or by bank transfer. When making payment online you will need to confirm that you have read these booking conditions during the "checkout" process, which equates to agreeing to the terms of services and stipulations as indicated in this document.

In all cases, tour fees need to be paid "in full" before participation in a tour. No person(s) will be allowed to join a tour without fully settling their invoice and receiving a confirmation number from SpiceRoads.

The exception can be made for last-minute miscellaneous fees that can be paid locally (visas, additional local hotel bookings, etc.) can be settled on the day of arrival.

FULL FLEXIBILITY FOR TOUR CANCELATIONS

If the tour is cancelled or postponed by SpiceRoads because we didn't make the trip numbers and the tour can't run, we will make a full cash refund (by bank transfer or on your credit card).

If the tour is cancelled for any other reason, including due to Covid related travel restrictions, we will give you a full credit (with no deductions for admin or any other small-print item) to use on any SpiceRoads tour with no time limit. (Exceptions being flights, special permits and other non-refundable items and these will be advised when booking the trip).

Before paying for your tour, you can cancel your booking with no charge and up until 40 days before departure, you can change your booking to another travel date or move your booking onto another SpiceRoads tour with no charges.

If you need to cancel after you have made full payment, please see our [cancellation policy](#).

Loyalty Riders Club

For those who have been on several long tours with us, we reward customer loyalty by offering repeat customers a special discount off the tour price (excludes single supplement and bike rental). If this is your fourth scheduled tour or more you will receive a 5% discount. If this is your eighth scheduled tour or more we will extend a 10% discount. The discount will be reflected in your online booking, but please contact us if any questions. Loyalty discounts cannot be used in conjunction with any other offer. Note: Only tours of 7 days or more will be applicable for a loyalty discount.

International Flights

International flights, to and from the start and finish points are not included in the tour price. Once your tour is Guaranteed to Depart you can book your flight. Please contact us for advice before arranging flights for the best arrival and departure times. We would only cancel a trip for an extreme circumstance, but in that case, where we cancel your trip, we cannot be liable for losses incurred relating to any flight booking you have made. Please claim any losses from your [travel insurance](#) that you acquired when you booked your holiday.

Newsletter

Our adventure travel [e-newsletter](#) is full of travel news, trip information, interesting stories and contests. To avoid missing out on special offers and updates from SpiceRoads, be sure to subscribe.

The information in this document is given in good faith, and covers the average range of conditions likely to be found on this trip. Please note that the itinerary is subject to change due to unforeseen circumstances, however, we will always do our best to adhere to this original itinerary

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