

SPICE ROADS

CYCLING



ANGKOR EXPERIENCE

Tour Code
KHM-CA5

5 DAYS
4 NIGHTS

	Destinations	Cambodia
	Tour Meets Tour Ends	Angkor Angkor
	Fly in to Fly out of	Siem Reap International Airport (REP) Siem Reap International Airport (REP)
	Group Size Minimum Age	2-16 riders 0 (on scheduled departures)

ACTIVITY PROFILE



3 Cycling days	122 km Total cycling distance
41 km Avg distance / day	m Avg climbing / day

PRICING



Price	US\$ 720
Bike Hire (E-Bike)	US\$ 90
Single Supplement	US\$ 160
Child Pricing	Under 5: free; Age 5-11: 20% discount

WHAT'S INCLUDED

- ✓ Water bottle
- ✓ Support vehicle
- ✓ Guide(s)
- ✓ Meals (as indicated)
- ✓ Airport pick up
- ✓ Airport drop off
- ✓ Accommodation
- ✓ Bike and helmet
- ✓ Snacks and drinks

WHAT'S EXCLUDED

- ✗ International flights
- ✗ Domestic flights
- ✗ Visa fees
- ✗ Alcohol
- ✗ Tips

DEPARTURES



21 January - 25 January 2019
28 January - 01 February 2019
04 February - 08 February 2019
11 February - 15 February 2019
18 February - 22 February 2019
25 February - 01 March 2019
04 March - 08 March 2019
11 March - 15 March 2019
18 March - 22 March 2019
25 March - 29 March 2019

See website for later departures

TRIP PROFILE

Although we ride on a wide range of trails, many of which are off-road, this tour is suitable for anyone with basic fitness. The roads are tarmac or broken tarmac and there are no technical mountain bike sections.

We ride a total of 122 km as a group, with experienced SpiceRoads cycle guides setting an even pace and stop often to visit points of interest and sample some of the local food. Our support vehicle follows close behind with plenty of refreshments.

This trip has a specific Temple Guide who is extremely knowledgeable on the temple complex and can also explain the local area, history, customs and way-of-life each time we stop. For groups of less than four people you have a choice of a cycling guide or a temple guide in the support vehicle. This trip is suitable for all levels of riders and is an excellent trip for families.

Day 1 Arrival

Pick up from airport and transfer to hotel. Rest of day free.

 City River Hotel

Day 2 Angkor Complex

Pick up from hotel or meet up at our bike depot for bike fitting and safety briefing. We then ride to the Angkor Temple complex. We will enter from the south and traverse up portions of tarmac road and jungle paths until we reach our first temple of today, Tah Prohm. After our visit here we'll carry on through the jungle and toward the eastern gate of Angkor Thom, ancient capital of the Khmer Empire. In the near center of this massive enclosure, we'll find the enigmatic temple of Bayon. This temple is known for its many smiling faces. As the sun reaches its zenith now, we'll take a short rest and lunch, before visiting the grandest temple of them all Angkor Wat. Depending upon the time, we can choose to return to Siem Reap after our visit to Angkor Wat for a brief rest before returning to the Angkor complex. This evening, we'll enjoy a beautiful sunset in the Angkor Park and return to our hotel by transfer.

 City River Hotel  Breakfast, Lunch

 Ride 30km

Day 3 Prah Dak - Kbal Spean - Banteay Srei

Leaving Siem Reap by bike we strike out for the countryside. Our initial destination this morning is the village of Prah Dak, which lies not far from the temple complex. Once we pass through this quaint little village, we'll cycle down a narrow tarmac lane to Banteay Samre. Now we start getting deeper into the Cambodian countryside and pass many local villages and schools and people going about their day to day business. Ahead of us, the great sandstone ridge of Phnom Kulen rises up from the countryside. At the base of this mountain, we will stop for lunch and take a short 3km trek to Kbal Spean. Here we can see ancient riverbed carvings of Hindu gods in the "River of 1,000 Lingas". Once we finish here, we'll load up our bikes and transfer to Banteay Srei the gem of the Angkor area known for its exquisite bas relief carvings. Afterward, transfer to your back to Siem Reap.

 City River Hotel  Breakfast, Lunch

 Ride 57km

Day 4 Kampong Phluk Floating Village - Roulous Group - Siem Reap

After breakfast, we leave the crowds behind and head towards the floating village and submerged forest of Kampong Phluk. The floating forest makes this tranquil place unique and is a treat for visitors. We enjoy a boat tour around the village, between trees breaking through the water surface and soak in the culture of living life on the water. We'll eat lunch at a local house before we get back on solid ground. As the day becomes warmer, we'll transfer to the village of Roulous, home to some of the earliest permanent structures built by the Khmers. We explore the three main temples here – Lolei, Preah Ko, and Bakong. Afterward, we'll transfer back to Siem Reap. * * Due to low water levels during the dry season, the boat trip at Kampong Phluk is only possible from June to March. However, an alternative floating village at Kampong Kleang can be arranged instead.



City River Hotel



Breakfast, Lunch



Ride 35km

Day 5 Departure

Free time until transfer to airport for onward flight.



Breakfast

NUTS & BOLTS

Bikes

The bikes you will be riding are well-known makes of hybrid or mountain bikes (depending on the tour) with lightweight alloy frames, 24- to 27-speed gearing, v-brakes and Shimano components and front suspension.

Bike Repairs

Basic spares and tools are carried by the guide and on the support vehicle, though we cannot guarantee having spares for every conceivable problem. Carrying a basic tool kit, a spare tube and a pump while riding is recommended.

Safety

Wearing a helmet is required on all our biking adventures and is non negotiable. If you do not wear a helmet you will not be allowed to cycle. Your tour leader is trained in first aid and emergency rescue, but to a large degree you must be responsible for your own safety while riding. It is therefore compulsory that you take out travel insurance that will cover you for a mountain biking tour.

Guides

You will be led by a local English-speaking guide and if the group is 9 people or more we will add another guide to the tour. All our guides are well informed in the history, culture and religions of the area where you are biking and are skilled at passing that knowledge on to you. Your guide is also medically trained and an experienced cyclist, able to handle most minor repairs en route.

THE NITTY GRITTY

Passports and Visas

All nationalities require a visa and a passport valid for 6 months after their planned exit from Cambodia. A 30-day visa on arrival is available at Phnom Penh and Siem Reap Airports and at some land border crossings. You can also obtain a visa online through [e-Visa](#). There is a 3-day processing time and you'll need a scanned copy of the passport. Not all border crossings accept the e-Visa, please check this [port of entry page](#) which provides a list of which checkpoints support the e-Visa service. For a list of consulates/embassies abroad go to this [page](#).

Health

We recommend that you visit a travel medical doctor and ask about the following vaccinations: typhoid, polio, tetanus and hepatitis A. A certificate for Yellow Fever is required when arriving from an infected area within six days.

Weather

Cambodia has two distinct seasons - wet and dry. The dry season usually lasts from October to April. The wet season starts in May until September. Within each season there are variations in temperature. The coolest being 24C around November/December and hottest hitting 35C around April/May.

Food

Meals are included as per the itinerary where B = breakfast, L = lunch, D = dinner. Most meals are local and feature noodles, rice, curries, and soups. Cambodian cuisine is a mixture of Thai, French and Chinese dishes and we make sure you can sample a wide variety. Any special dietary requirements can also be catered for as well. Please let us know at the time of booking.

Drink

Keeping you completely hydrated is a job we take very seriously. Cold water, some energy-restoring local fruit, and soft drinks are included in the tour price while riding. Soft drinks and other beverages during meals are not included. Beer is freely available everywhere but is NOT included in the price.

Solo Travelers

SpiceRoads does not require you to pay a surcharge for traveling alone. We will arrange for you to share accommodation with another traveler of the same gender and if we can not match you up we will provide a single room at no extra charge. If you prefer not to share a single supplement is payable to guarantee your own room. The cost of the single supplement is listed above.

Extra Expenses

We recommend that you tuck away a few extra dollars, perhaps US\$20, for incidentals.

Money

Thai baht and US dollars are widely used in Cambodia, especially in larger cities and towns. In smaller towns and villages, Cambodian riels are usually preferred. There are ATMs in most areas, however, machines dispense US dollars. The guides will be able to show you where the ATMs are. Spend riel before departing as no one will exchange them for you once you leave.

GENERAL BOOKING INFO

Booking

If this is the tour for you here's what you need to do to confirm your place: Read our [Booking Conditions](#)

From the tour page click the 'Book Now' link. All departures for this tour will appear, just select the date you'd like to travel. There is a minimum number of participants (usually 2) required to enable the trip to go ahead. Once the minimum number is reached, the trip

status will change from 'Available' to 'Guaranteed to Depart'. Once a trip is guaranteed to depart you are free to book your flights and make other travel arrangements. If you are unsure about the trip status, please [email us](#) or call our office. For the next steps you'll need to know the names of the people traveling and have either a Visa or a MasterCard. If you wish you can also provide extra details such as passport numbers, height, or you can add that later by logging into [Manage My Trip](#) (we'll set up an account for you automatically if you don't already have one). However, if you wish to get a children's discount, please do fill out the date of birth of the riders. If you are having any problems, [please send us an email](#), or give us a call (+66 2 381 7490) and one of our travel specialists will assist you with your booking.

Deposit

For Long Tours (7 days or more) to guarantee your place we require a 30% or 500 USD deposit, whichever is the greater. For Short Tours (6 days or less) we require full payment to guarantee your place. We also require that you take out [travel insurance](#) when you book your holiday. Besides covering you during your holiday it will also enable you to claim for any money that you have paid to us, including your deposit, should you have to cancel your trip.

Balance

Full payment must be paid 45 days before the departure date with fees for any bicycle rental(s), single supplement(s) and extra hotel nights. Our confirmation will include personal details you provided us (including your flight information), visa application advice, a packing suggestion list and a detailed tour itinerary. It will also include a checklist to ensure you get everything ready for your holiday.

Cancellation Policy

On the rare occasions when we, SpiceRoads, must cancel a trip, all payments received to date will be 100% refunded, which constitutes full settlement. There will be absolutely no deductions. If you, the client, must cancel your reservation, your cancellation fee will be determined according to when you cancel. For full details, please read our [cancellation policy](#).

Loyalty Riders Club

For those who have been on several long tours with us we reward customer loyalty by offering repeat customers a special discount off the tour price (excludes single supplement and bike rental). If this is your fourth scheduled tour or more you will receive a 5% discount. If this is your eighth scheduled tour or more we will extend a 10% discount. The discount will be reflected in your online booking, but please contact us if any questions. Loyalty discounts can not be used in conjunction with any other offer. Note: Only tours of 7 days or more will be applicable for loyalty discount.

International Flights

International flights, to and from the start and finish points are not included in the tour price. Once your tour is Guaranteed to Depart you can book your flight. Please contact us for advice before arranging flights for the best arrival and departure times. We would only cancel a trip for an extreme circumstance, but in that case, where we cancel your trip, we cannot be liable for losses incurred relating to any flight booking you have made. Please claim any losses from your [travel insurance](#) that you acquired when you booked your holiday.

Newsletter

Our adventure travel [e-newsletter](#) is full of travel news, trip information, interesting stories and contests. To avoid missing out on special offers and updates from SpiceRoads, be sure to subscribe.

The information in this document is given in good faith, and covers the average range of conditions likely to be found on this trip. Please note that the itinerary is subject to change due to unforeseen circumstances, however, we will always do our best to adhere to this original itinerary

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