

## Race in the Tour of Friendship

For the third year in a row, SpiceRoads is inviting riders to join their team on the Tour of Friendship R1, a five-stage road bike race, from May 2 - 6, 2015. This tour is a perfect introduction for road bike racing novices as it is neither about professional racing nor money - it is about the love of cycling and to connect cyclists from all over the world.

Cyclists with experience riding in a peloton and able to average 40kph for long distances are encouraged to sign up and race with Team SpiceRoads. This tour rides through central Thailand and the cities of Ayutthaya, Khao Yai, Wang Nam Kaew, Kabinburi, and Prachinburi.

### The categories:

Junior  
Open  
30-39 years  
40-49 years  
50-59 years  
Men Master  
Lady (Open)  
VIP Cyclist

### The Stages

Stage 1 - Time Trial around Suvarnabhumi Green Track  
Distance 23 kms

Stage 2 - Ayutthaya  
Distance 100 kms

Stage 3 - Ayutthaya - Khao Yai  
Distances  
120 kms for Open, 30-39, 40-49  
100kms for ladies, juniors, masters, 50-59.

Stage 4 - Kabinburi to Wang Nam Kheaw  
Distances  
130 kms for Open, 30-39, 40-49  
100kms for ladies, juniors, masters, 50-59

Stage 5 - Kabinburi to Prachinburi  
Distances  
85 kms for Open, 30-39, 40-4, 50-59, ladies,  
juniors, masters

[www.spiceroads.com](http://www.spiceroads.com)

## Race Hard in Nongsa Cycle 2015

The adrenalin driven 12km loop in Nongsa, Batam, Indonesia, which stretches a 1km long climb with 70m of elevation can push any hardcore cyclist to the limit. The circuit offers cyclists an opportunity to race hard and, at the end of the race, a great party awaits all. Thus the event's tagline - 'Race Hard; Party Harder'.




While the race can be competitive, there is a non-competitive category for leisure cyclists too. There are three categories: (1) King of The Hill - 60 km, (2) Road Blazer - 36 km and (3) Wannabe (novelty) - 24 km. Participants can choose to compete as an individual or form a team of four to six cyclists.

Nongsa Cycle 2015 is an inaugural bike race event jointly organised by Ideas Room Consulting and Ace Sports Group and in partnership with resort operator, Batam View Beach Resort and fast ferry operator, BatamFast. It is scheduled for Saturday May 9, 2015, in Nongsa, the idyllic north eastern region of Batam. The region is a popular holiday getaway for locals, Singaporeans, Malaysians, Koreans and the region's expat community. Nongsa boasts of resorts, beaches, a marina and golf courses.

The head of police in Batam, Mr Arman Depari, the guest-of-honour, will flag off the cyclists. Batam Tourism has also given their firm endorsement too. "Batam View is both excited and

honoured to be able to play a key role in realising an exciting bike race that has every potential to develop into an important event in Nongsa where cyclists from Singapore and the region can congregate. This is our first big step forward", says Mr Anddy Fong, General Manager of Batam View Beach Resort.

Cyclists must stay a minimum of one night at Batam View Beach Resort as the highlight of the event is a post-ride dinner hosted for all the cyclists and their supporters. There is also a special two-night stay package for cyclists who will be called on stage to receive their medals and certificates. Cyclists will get a comprehensive race pack comprising of a specially designed "Nongsa Cycle 2015" jersey and other merchandises from sponsors. There will be a live performance by a band to keep the cyclists and their supporters entertained all night long. 

**Registration is Open - Early Bird fee is valid till 10th April 2015**  
[www.nongsacycle.com](http://www.nongsacycle.com)

